

# TREEO

SMART | MODERN | CONNECTED

## April 2019

### MONTH AT A GLANCE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 10:30- Balance & Fitness w/Claudette (FC) 11:00- Faith Lessons From Israel (FC) 11:00- Beginners Language Learning (SR) 12:00- Spiritually Read (SR) 1:00- Card Game: Hearts (SR) 1:00- Card Game: Bridge (DR) 1:00- Therapeutic Coloring (CR) 2:30- BrainHQ Registration & Questions (CR) 3:00- Language Learning (SR) 6:30- Family Home Evening (CR)	2 10:00- iPad Tutoring (SR) 10:30- Chair Yoga w/Claudette (FC) 11:00- Stepping On Workshop (CR) 1:00- Card Game: Pinochle (SR) 1:00- Hooks & Needles (DR) 2:00- Coffee Break (B) 6:00- Bible Study (FC)	3 10:30- Balance & Fitness w/Claudette (FC) 11:00- Language Learning (SR) 11:00- Insurance Solutions (DR) 12:00- Spiritually Read (SR) 12:15- Blood Pressure Clinic (WC) 1:00- Card Game: Bridge (CR) 1:00- Game: Rummikub (CR) 1:30- Ask A Nurse (CR) 2:00- Happy Hour (B) 2:00- Music In The Lounge w/Nancy Curtis (L) 3:00- Shopping @ Smiths * 6:30- Card Game: Hand & Foot (DR)	4 10:00- iPad Tutoring (SR) 10:00- Ogden Temple * 10:30- Chair Yoga w/Claudette (FC) 10:40- Water Aerobics (NURH) * 11:15- Snow Basin * 1:00- Card Game: Pinochle (SR) 2:00- Coffee Break (B) 6:30- Card Game: Phoenix Rummy (DR)	5 10:30- Balance & Fitness w/Carol (FC) 11:00- Pictionary At The Bistro (B) 1:00- Puzzle Group (L) 1:00- Piano/Organ Lessons w/Jack (L) 7:00- Friday Night Flick (CR) <i>Playing For Time</i>	6 10:00- Shopping @ Harmons * 10:30- Get Fit w/Spiro100 (FC) 12:30- TED Talks (CR) <i>Howto cope with anxiety</i> 1:00- Pinochle (SR) 1:00- Movie Matinee (CR) <i>State Fair</i> 3:00- Shuffle Board (L) 6:30- Card Game: SkipBo (CR)	
7 <b>Shuttle For Church Services Available Upon Request</b> 10:30- Get Fit w/Spiro100 (FC) 6:30- Hand & Foot Card Game (DR)	8 10:30- Balance & Fitness w/Claudette (FC) 11:00- Faith Lessons From Israel (FC) 11:00- Beginners Language Learning (SR) 12:00- Spiritually Read (SR) 1:00- Card Game: Hearts (SR) 1:00- Card Game: Bridge (DR) 1:00- Therapeutic Coloring (CR) 2:30- BrainHQ Registration & Questions (CR) 3:00- Language Learning (SR) 6:30- Family Home Evening (CR)	9 10:00- iPad Tutoring (SR) 10:30- Chair Yoga w/Claudette (FC) 11:00- Stepping On Workshop (CR) 1:00- Card Game: Pinochle (SR) 1:00- Hooks & Needles (DR) 2:00- Coffee Break (B) 6:00- Bible Study (FC)	10 9:00- Foot Clinic (WC) 10:30- Balance & Fitness w/Claudette (FC) 11:00- Language Learning (SR) 12:00- Spiritually Read (SR) 12:15- Blood Pressure Clinic (WC) 1:00- Card Game: Bridge (CR) 1:00- Game: Rummikub (CR) 2:00- Happy Hour w/Resident Birthdays (B) 2:00- Music In The Lounge w/Scotty Haze (L) 3:00- Shopping @ Neighborhood Walmart * 6:30- Card Game: Hand & Foot (DR)	11 10:00- iPad Tutoring (SR) 10:00- Ogden Temple * 10:30- Chair Yoga w/Claudette (FC) 10:40- Water Aerobics (NURH) * 11:00- Walker & Wheelchair Repair (CR) 1:00- Card Game: Pinochle (SR) 2:00- Nail Painting (CR) 6:30- Card Game: Phoenix Rummy (DR) 6:45- Chitty Chitty Bang Bang @ CenterPoint *	12 10:15- Walmart Online Orders *Pick Up Only* 10:30- Balance & Fitness w/Carol (FC) 11:00- Trivia At The Bistro (B) 11:00- AARP Safe Driving Course (CR) 1:00- Puzzle Group (L) 1:00- Piano/Organ Lessons w/Jack (L) 2:00- Nail Painting (CR) 7:00- Friday Night Flick (CR) <i>God's Not Dead</i>	13 10:00- Shopping @ Target * 10:30- Get Fit w/Spiro100 (FC) 12:30- TED Talks (CR) <i>Our dangerous obsession with perfectionism is getting worse</i> 1:00- Pinochle (SR) 1:00- Movie Matinee (CR) <i>City Slickers</i> 3:00- Shuffle Board (L) 6:30- Card Game: SkipBo (CR)	
14 <b>Shuttle For Church Services Available Upon Request</b> 10:30- Get Fit w/Spiro100 (FC) 6:30- Hand & Foot Card Game (DR)	15 10:30- Balance & Fitness w/Claudette (FC) 11:00- Faith Lessons From Israel (FC) 11:00- Beginners Language Learning (SR) 12:00- Spiritually Read (SR) 1:00- Card Game: Hearts (SR) 1:00- Card Game: Bridge (DR) 1:00- Therapeutic Coloring (CR) 2:30- BrainHQ Registration & Questions (CR) 3:00- Language Learning (SR) 6:30- Family Home Evening (CR)	16 10:00- iPad Tutoring (SR) 10:30- Chair Yoga w/Claudette (FC) 11:00- Stepping On Workshop (CR) 1:00- Hooks & Needles (DR) 1:00- Card Game: Pinochle (SR) 2:00- High Tea (DR) 6:00- Bible Study (FC)	17 10:30- Balance & Fitness w/Claudette (FC) 11:00- Language Learning (SR) 12:00- Spiritually Read (SR) 12:15- Blood Pressure Clinic (WC) 1:00- Card Game: Bridge (CR) 1:00- Game: Rummikub (CR) 2:00- Happy Hour (B) 2:00- Music In The Lounge w/Terry Jessop (L) 3:00- Shopping @ Smiths * 6:30- Card Game: Hand & Foot (DR)	18 10:00- iPad Tutoring (SR) 10:00- Ogden Temple * 10:30- Chair Yoga w/Claudette (FC) 10:40- Water Aerobics (NURH) * 11:30- Lunch & Learn (DR) 1:00- Card Game: Pinochle (SR) 2:00- Coffee Break (B) 6:30- Card Game: Phoenix Rummy (DR) 7:00- Troupe Vertigo @ Val A. Browning Theater *	19 11:00- Pictionary At The Bistro (B) 11:15- Balance & Fitness w/Carol (FC) 1:00- Puzzle Group (L) 1:00- Piano/Organ Lessons w/Jack (L) 2:00- Nail Painting (CR) 7:00- Friday Night Flick (CR) <i>God's Not Dead 2</i>	20 8:00- Easter Brunch (DR) 10:00- Shopping @ Fresh Market * 10:30- Get Fit w/Spiro100 (FC) 12:30- TED Talks (CR) <i>The age of genetic wonder</i> 1:00- Pinochle (SR) 1:00- Movie Matinee (CR) <i>Night At The Museum</i> 3:00- Shuffle Board (L) 6:30- Card Game: SkipBo (CR)	
21 <b>Shuttle For Church Services Available Upon Request</b> 10:30- Get Fit w/Spiro100 (FC) 6:30- Hand & Foot Card Game (DR)	22 10:30- Balance & Fitness w/Claudette (FC) 11:00- Faith Lessons From Israel (FC) 11:00- Beginners Language Learning (SR) 12:00- Spiritually Read (SR) 1:00- Card Game: Hearts (SR) 1:00- Card Game: Bridge (DR) 1:00- Therapeutic Coloring (CR) 2:00- Food Feedback Meeting (DR) 2:30- BrainHQ Registration & Questions (CR) 3:00- Language Learning (SR) 6:30- Family Home Evening (CR)	23 10:00- iPad Tutoring (SR) 10:30- Chair Yoga w/Claudette (FC) 11:15- Movie Out @ Cinemark Theater * <i>Dumbo</i> 1:00- Hooks & Needles (DR) 1:00- Card Game: Pinochle (CR) 2:00- Coffee Break (B) 6:00- Bible Study (FC)	24 10:30- Balance & Fitness w/Claudette (FC) 11:00- Language Learning (SR) 12:00- Spiritually Read (SR) 12:15- Blood Pressure Clinic (WC) 1:00- Card Game: Bridge (CR) 1:00- Game: Rummikub (CR) 2:00- Happy Hour (B) 2:00- Music In The Lounge w/Noel Rogers (L) 3:00- Shopping @ Neighborhood Walmart * 6:30- Card Game: Hand & Foot (DR)	25 10:00- iPad Tutoring (SR) 10:00- Ogden Temple * 10:30- Chair Yoga w/Claudette (FC) 10:40- Water Aerobics (NURH) * 11:00- Hearing Clinic (SR) 1:00- Card Game: Pinochle (SR) 1:30- Resident Meeting (DR) 2:15- New Resident Social (B) 3:30- Health Talk w/Christine (CR) 6:30- Card Game: Phoenix Rummy (DR) 6:30- Music In The Lounge: Kevin Scott (L)	26 10:15- Walmart Online Orders *Pick Up Only* 10:30- Balance & Fitness w/Carol (FC) 11:00- Trivia at The Bistro (B) 1:00- Puzzle Group (L) 1:00- Piano/Organ Lessons w/Jack (L) 2:00- Nail Painting (CR) 3:00- Bingo w/Rebecca (CR) 7:00- Friday Night Flick (CR) <i>National Treasure</i>	27 10:00- Shopping @ Target * 10:30- Get Fit w/Spiro100 (FC) 12:30- TED Talks (CR) <i>A powerful way to unleash your natural creativity</i> 1:00- Pinochle (SR) 1:00- Movie Matinee (CR) <i>Saving Mr. Banks</i> 3:00- Shuffle Board (L) 6:30- Card Game: SkipBo (CR)	
28 <b>Shuttle For Church Services Available Upon Request</b> 10:30- Get Fit w/Spiro100 (FC) 6:30- Hand & Foot Card Game (DR)	29 10:30- Balance & Fitness w/Claudette (FC) 11:00- Faith Lessons From Israel (FC) 11:00- Beginners Language Learning (SR) 12:00- Spiritually Read (SR) 1:00- Card Game: Hearts (SR) 1:00- Card Game: Bridge (DR) 1:00- Therapeutic Coloring (CR) 2:30- BrainHQ Registration & Questions (CR) 3:00- Language Learning (SR) 6:30- Family Home Evening (CR)	30 10:00- iPad Tutoring (SR) 10:30- Chair Yoga w/Claudette (FC) 12:00- Chef Demo (DR) 1:00- Hooks & Needles (DR) 1:00- Card Game: Pinochle (CR) 2:00- Coffee Break (B) 6:00- Bible Study (L)	<b>April Birthdays!</b> Stella Smith - April 8th Aiko Kasuda - April 8th Carolyn Felix - April 15th Doug Olsen - April 18th John Matheson - April 27th Gary Peterson - April 30th			<b>Calendar Legend</b> * Denotes Transportation Provided by Treeo Dining Room (DR) Community Room (CR) Bistro (B) Lounge (L) Sunset Room (SR) Fitness Center (FC) Wellness Center (WC) Northern Utah Rehab Hospital (NURH)	