

# livfun

Canfield Place



APRIL 2019 • SONGS OF SPRING

## Residents Show Their Spirit for Portland Trailblazers

We love our Portland Trailblazers! Continuing the celebration for February Fitness Frenzy, residents gathered on two separate occasions to cheer on our Rip City Blazers against the Brooklyn Nets and Boston Celtics. Friendly competition, delicious pizza and beer were thoroughly enjoyed by everybody. For the duration of February, residents were encouraged to get active, drink more water and find ways to be healthier in their daily routines. Sports are always an engaging and exciting activity to share together. Basketball fans alike at our Community brought their active spirit to our beloved Blazers Viewing Party!



*Residents cheer at the beginning of an exciting game.*



*"We've got spirit, yes we do, we've got spirit, how about you!"*



## Northwest Children's Theater Spring Performance

What better way to welcome a new season than with a wonderful performance by Northwest Children's Theater. "Camp Granada: It's All About Summer Camp!" will be debuted at Canfield on Sunday, April 14. To date, Northwest Children's Theater has provided high-quality theater arts and education experiences to over one million children, families and students. NWCT has received numerous regional awards and national recognition, making a name for themselves in the great Portland area as a source of laughter, dance and song for all to enjoy. The mission is to educate, entertain and enrich the lives of young audiences. We are excited to see what the performers have up their sleeves!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p><b>Birthdays</b> Dorothy Strandberg, 13th Paul Gold, 19th Nancy Humphrey, 25th Alan Dale, 25th</p>	<p><b>1</b></p> <p>9:30 <b>Everyday Exercise, PFG</b></p> <p>2:00 <i>Brain Games with Kristin, LIB</i></p> <p>3:00 Social Mixer, GR</p> <p>7:00 "Jeopardy!" &amp; "Wheel of Fortune," GR</p>	<p><b>2</b></p> <p>9:30 <b>Functional Fitness, PFG</b></p> <p>10:00 <b>INTERNATIONAL SCHOOL OF BEAVERTON CHILDREN VISIT!, GR</b></p> <p>10:30 Catholic Communion, PDR</p> <p>1:15 WALKING GROUP, PFG</p> <p>1:30 Wii Bowling, GR</p> <p>3:00 Resident Council Meeting, PFG</p> <p>3:30 PUB FUN WITH SUSANI, B</p> <p>7:00 "Jeopardy!" &amp; "Wheel of Fortune," GR</p>	<p><b>3</b></p> <p>9:30 <b>Everyday Exercise, PFG</b></p> <p>10:00 Mexican Train Dominoes, GR</p> <p>11:00 <i>Avon with Sue Arney, L</i></p> <p>1:00 MUSIC WITH MONTE, GR</p> <p>1:30 Bingo, PFG</p> <p>3:00 <b>Vegas Games with Jason, GR</b></p> <p>6:15 Movie &amp; Popcorn, GR</p>	<p><b>4</b></p> <p>9:30 <b>Functional Fitness, PFG</b></p> <p>9:45 <b>READING PROGRAM WITH CHEHALEM ELEMENTARY SCHOOL, L</b></p> <p>10:30 <i>Bible Study with Carolyn Hanson, PDR</i></p> <p>10:45 Scrabble Game, LIB</p> <p>2:00 <i>Giant Crossword with Lana, B</i></p> <p>3:30 PUB FUN WITH SUSANI, B</p> <p>7:00 "Jeopardy!" &amp; "Wheel of Fortune," GR</p>	<p><b>5</b></p> <p>9:30 Fred Meyer Trip #1, L</p> <p>9:30 <b>Flexibility Fridays, PFG</b></p> <p>10:30 <b>Church Service with Nehemiah Brown, GR</b></p> <p>11:45 Fred Meyer Trip #2, Banks, Post Office, &amp; Dollar Tree Trips, L</p> <p>1:00 Mountain Man Candy, L</p> <p>2:00 <b>MUSIC CONCERT WITH NEHEMIAH BROWN, GR</b></p> <p>7:00 "Jeopardy!" &amp; "Wheel of Fortune," GR</p>	<p><b>6</b></p> <p>10:00 Coffee Time, PFG</p> <p>1:30 Bingo, PFG</p> <p>3:30 <b>Wii Bowling, PFG</b></p>	
<p>1:00 LARGE PRINT LIBRARY CHECKOUT, L</p> <p><b>1:00 LOCAL CHURCH PIANO RECITAL!, GR</b></p> <p>1:00 <i>Senior Moments with Joni, LIB</i></p> <p>3:30 Wii Bowling, GR</p> <p>6:15 Movie &amp; Popcorn, GR</p> <p><b>7</b></p>	<p><b>8</b></p> <p>9:30 <b>Everyday Exercise, PFG</b></p> <p>2:00 <i>Brain Games with Kristin, LIB</i></p> <p>3:00 Social Mixer, GR</p> <p>7:00 "Jeopardy!" &amp; "Wheel of Fortune," GR</p>	<p><b>9</b></p> <p>9:30 <b>Functional Fitness, PFG</b></p> <p>10:30 Catholic Communion, PDR</p> <p>1:00 <b>OUTING TO TIGARD GOODWILL, L</b></p> <p>1:15 WALKING GROUP, PFG</p> <p>1:30 Wii Bowling, GR</p> <p>3:30 PUB FUN WITH SUSANI, B</p> <p>7:00 "Jeopardy!" &amp; "Wheel of Fortune," GR</p>	<p><b>10</b></p> <p>9:30 <b>Everyday Exercise, PFG</b></p> <p>10:00 Mexican Train Dominoes, GR</p> <p>11:00 <i>Kerplunk with Nancy, B</i></p> <p>1:30 Bingo, PFG</p> <p>3:00 Rummikub with Susan, GR</p> <p>6:15 Movie &amp; Popcorn, GR</p>	<p><b>11</b></p> <p>9:30 <b>Functional Fitness, PFG</b></p> <p>9:45 <b>READING PROGRAM WITH CHEHALEM ELEMENTARY SCHOOL, L</b></p> <p>10:30 <b>Painting Class with Heidi Jo Curley, GR</b></p> <p>10:45 Scrabble Game, LIB</p> <p>2:00 <b>Book Club with Kristin, PFG</b></p> <p>3:30 PUB FUN WITH SUSANI, B</p> <p>7:00 "Jeopardy!" &amp; "Wheel of Fortune," GR</p>	<p><b>12</b></p> <p>9:30 Fred Meyer Trip #1, L</p> <p>9:30 <b>Flexibility Fridays, PFG</b></p> <p>11:45 Fred Meyer Trip #2, Banks, Post Office, &amp; Dollar Tree Trips, L</p> <p>3:00 DOCUMENTARY &amp; DISCUSSION SERIES WITH SUSAN, PFG</p> <p>7:00 "Jeopardy!" &amp; "Wheel of Fortune," GR</p>	<p><b>13</b></p> <p>10:00 Coffee Time, PFG</p> <p>1:30 Bingo, PFG</p> <p>3:00 <i>Music with Tom Ball, GR</i></p> <p>3:30 <b>Wii Bowling, PFG</b></p>	
<p><b>PALM SUNDAY</b></p> <p>1:00 LARGE PRINT LIBRARY CHECKOUT, L</p> <p>1:00 <i>Senior Moments with Joni, LIB</i></p> <p>2:00 <b>NORTHWEST CHILDREN'S THEATER SPRING PERFORMANCE!, DR</b></p> <p>3:30 Wii Bowling, GR</p> <p>6:15 Movie &amp; Popcorn, GR</p> <p><b>14</b></p>	<p><b>15</b></p> <p>9:30 <b>Everyday Exercise, PFG</b></p> <p>2:00 <i>Brain Games with Kristin, LIB</i></p> <p>2:00 MUSIC WITH LEE NICHOLAS, GR</p> <p>3:00 Social Mixer, GR</p> <p>7:00 "Jeopardy!" &amp; "Wheel of Fortune," GR</p>	<p><b>16</b></p> <p>9:30 <b>Functional Fitness, PFG</b></p> <p>10:15 NIBBLES &amp; NOVELS WITH SUSAN, B</p> <p>10:30 Catholic Communion, PDR</p> <p>11:30 <b>OLD MARKET PUB &amp; BREWERY, L</b></p> <p>1:15 WALKING GROUP, PFG</p> <p>1:30 Wii Bowling, GR</p> <p>3:30 PUB FUN WITH SUSANI, B</p> <p>7:00 "Jeopardy!" &amp; "Wheel of Fortune," GR</p>	<p><b>17</b></p> <p>9:30 <b>Everyday Exercise, PFG</b></p> <p>10:00 Mexican Train Dominoes, GR</p> <p>1:30 Bingo, PFG</p> <p>3:00 <b>Music with Monte, GR</b></p> <p>6:15 Movie &amp; Popcorn, GR</p>	<p><b>18</b></p> <p>9:30 <b>Functional Fitness, PFG</b></p> <p>9:45 <b>READING PROGRAM WITH CHEHALEM ELEMENTARY SCHOOL, L</b></p> <p>10:15 Music History with Gordon Neal Herman, PFG</p> <p>10:30 <i>Bible Study with Carolyn Hanson, PDR</i></p> <p>10:45 Scrabble Game, LIB</p> <p>3:30 <b>EASTER EGG DYEING WITH THE GIRL SCOUTS!, GR</b></p> <p>7:00 "Jeopardy!" &amp; "Wheel of Fortune," GR</p>	<p><b>19</b></p> <p><b>GOOD FRIDAY</b></p> <p><b>PASSOVER BEGINS AT SUNSET</b></p> <p>9:30 Fred Meyer Trip #1, L</p> <p>9:30 <b>Flexibility Fridays, PFG</b></p> <p>11:45 Fred Meyer Trip #2, Banks, Post Office, &amp; Dollar Tree Trips, L</p> <p>1:00 Mountain Man Candy, L</p> <p>1:30 <b>RESIDENT MEETING, GR</b></p> <p>3:30 New Resident Meet &amp; Greet Social, GR</p> <p>4:30 <i>Accordion with Phil Hall, DR</i></p> <p>7:00 "Jeopardy!" &amp; "Wheel of Fortune," GR</p>	<p><b>20</b></p> <p>10:00 Coffee Time, PFG</p> <p>1:30 Bingo, PFG</p> <p>3:00 <b>CANFIELD PLACE EASTER EGG HUNT!, GR</b></p> <p>3:30 <b>Wii Bowling, PFG</b></p>	
<p><b>EASTER SUNDAY</b></p> <p>11:00 <b>EASTER BRUNCH!, DR</b></p> <p>1:00 LARGE PRINT LIBRARY CHECKOUT, L</p> <p>1:00 <i>Senior Moments with Joni, LIB</i></p> <p>2:30 <i>Music with Randy Byrnes, GR</i></p> <p>3:30 Wii Bowling, GR</p> <p>6:15 Movie &amp; Popcorn, GR</p> <p><b>21</b></p>	<p><b>EARTH DAY</b></p> <p><b>22</b></p> <p>9:30 <b>Everyday Exercise, PFG</b></p> <p>2:00 <i>Brain Games with Kristin, LIB</i></p> <p>3:00 Social Mixer, GR</p> <p>7:00 "Jeopardy!" &amp; "Wheel of Fortune," GR</p>	<p><b>23</b></p> <p>9:30 <b>Functional Fitness, PFG</b></p> <p>10:30 Catholic Communion, PDR</p> <p>11:30 <b>LUNCH OUT: MCMENAMINS CORNELIUS PASS ROADHOUSE, L</b></p> <p>1:00 <b>Hearing Clinic with Drew, GR</b></p> <p>1:15 WALKING GROUP, PFG</p> <p>1:30 Wii Bowling, GR</p> <p>3:30 PUB FUN WITH SUSANI, B</p> <p>7:00 "Jeopardy!" &amp; "Wheel of Fortune," GR</p>	<p><b>24</b></p> <p>9:30 <b>Everyday Exercise, PFG</b></p> <p>10:00 Mexican Train Dominoes, GR</p> <p>11:30 <i>April Birthday Lunch, DR</i></p> <p>1:30 Bingo, PFG</p> <p>3:00 Rummikub with Susan, GR</p> <p>6:15 Movie &amp; Popcorn, GR</p>	<p><b>25</b></p> <p>9:30 <b>Functional Fitness, PFG</b></p> <p>9:45 <b>READING PROGRAM WITH CHEHALEM ELEMENTARY SCHOOL, L</b></p> <p>10:45 Scrabble Game, LIB</p> <p>2:00 <b>Book Club with Kristin, PFG</b></p> <p>3:30 PUB FUN WITH SUSANI, B</p> <p>7:00 "Jeopardy!" &amp; "Wheel of Fortune," GR</p>	<p><b>26</b></p> <p>9:30 Fred Meyer Trip #1, L</p> <p>9:30 <b>Flexibility Fridays, PFG</b></p> <p>11:45 Fred Meyer Trip #2, Banks, Post Office, &amp; Dollar Tree Trips, L</p> <p>3:00 DOCUMENTARY &amp; DISCUSSION SERIES WITH SUSAN, PFG</p> <p>7:00 "Jeopardy!" &amp; "Wheel of Fortune," GR</p>	<p><b>27</b></p> <p>10:00 Coffee Time, PFG</p> <p>1:30 Bingo, PFG</p> <p>2:30 <b>SCIENCE FOR SENIORS WITH JASON, GR</b></p> <p>3:30 <b>Wii Bowling, PFG</b></p>	
<p>1:00 LARGE PRINT LIBRARY CHECKOUT, L</p> <p>1:00 <i>Senior Moments with Joni, LIB</i></p> <p>2:30 <b>MUSIC WITH LINDA SMITH, GR</b></p> <p>3:30 Wii Bowling, GR</p> <p>6:15 Movie &amp; Popcorn, GR</p> <p><b>28</b></p>	<p><b>29</b></p> <p>9:30 <b>Everyday Exercise, PFG</b></p> <p>2:00 <i>Brain Games with Kristin, LIB</i></p> <p>3:00 Social Mixer, GR</p> <p>7:00 "Jeopardy!" &amp; "Wheel of Fortune," GR</p>	<p><b>30</b></p> <p>9:30 <b>Functional Fitness, PFG</b></p> <p>10:30 Catholic Communion, PDR</p> <p>10:30 <i>Book Addicts Anonymous with Amanda, GR</i></p> <p>10:30 <b>SCHREINER'S IRIS GARDENS, L</b></p> <p>1:15 WALKING GROUP, PFG</p> <p>1:30 Wii Bowling, GR</p> <p>3:30 PUB FUN WITH SUSANI, B</p> <p>7:00 "Jeopardy!" &amp; "Wheel of Fortune," GR</p>				<p><b>Transportation</b></p> <p><b>Monday, 8:30 a.m.-2 p.m.:</b> Doctor Appointments</p> <p><b>Tuesday, 10:30 a.m.-3:30 p.m.:</b> Tuesday Excursion Trips</p> <p><b>Wednesday, 8:30 a.m.-2 p.m.:</b> Doctor Appointments</p> <p><b>Thursday, 8:30 a.m.-2 p.m.:</b> Doctor Appointments</p> <p><b>Friday, 9:30 a.m.:</b> Fred Meyer Trip #1</p> <p><b>Friday, 11:45 a.m.:</b> Fred Meyer Trip #2</p> <p><b>Friday, 11:45 a.m.:</b> Banks, Post Office &amp; Dollar Tree</p>	<p><b>Locations</b></p> <p>Bistro, B</p> <p>Dining Room, DR</p> <p>Great Room, GR</p> <p>Library, LIB</p> <p>Lobby, L</p> <p>PrimeFit Gym, PFG</p> <p>Private Dining Room, PDR</p>

# Spring Into an Eggs-travagant Easter!

What a winter it has been! With spring right around the corner, that means only one thing: Easter is upon us. Our Easter holiday here at Canfield includes a lovely brunch with family and friends in our Dining Room. This year, we will gear up for a special Easter egg dyeing activity with two different local Girl Scout troops, along with an Easter egg hunt in our Community with residents' grand and great-grandchildren! It's always a sublime time, having children visit and partake in our seasonal and exciting programs. You won't want to miss out on the fun as we welcome warmer weather and the beautiful springtime in Oregon!



## CANFIELD PLACE

LIVING BETTER THAN EVER

14570 SW Hart Road  
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### Staff

**General Manager**  
Jennifer Carty

**Sales Advisor**  
Pam Rinehart

**Restaurant Manager**  
Nancy Campos

**Health and Wellness Manager**  
Shawna Frazier

**Bookkeeper**  
Amanda Shriver

**Program Supervisor**  
Susan Christopher

**PrimeFit Instructor**  
Kristin Nackers

**Housekeeping Supervisor**  
Colleen Rake

**Plant Operations Supervisor**  
Mike Campos

## A Marvelous Mardi Gras at Canfield!

Beads, sugary delicacies and great dancing music were only part of the great fun at our Mardi Gras, or more popularly known as Fat Tuesday, celebration at Canfield. With creole/French music playing in our Great Room, residents couldn't help but get their toes a-tappin' while dressed up for the occasion. To bring the feeling of New Orleans to Canfield, residents enjoyed traditional Louisiana-style King Cake, a dessert only eaten on this fabulous holiday. Residents and employees alike got in the spirit with laughter, dancing and an afternoon of merriment!



*Ann and Carol say cheers to a fabulous Mardi Gras!*



*Sharon and Kathleen enjoy the delicious King Cake.*



*Gert, Laura and Annamarie were feeling festive.*



*Linda and her mother, June, loved the jazz music.*

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"someday"  
today.

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## 2019 Destinations

Alaska Cruise | July 27–August 3

Las Vegas | September 30–October 4

Bermuda Cruise | October 20–27

For more information,  
or to book your getaway, contact:  
Carol Dennis at 1-888-468-2010



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