

# livfun

Canfield Place

JUNE 2018 • GOOD OL' SUMMERTIME

## Italian Night

Every other month we have fun at Canfield having a themed meal. Everyone gets in the spirit with dressing up while enjoying a special meal in our Dining Room that is fully decorated. Italian Themed Dinner night was a great success on Thursday, April 26! While residents came dressed in red, green and white to represent the Italian flag, our Kitchen had un trattamento speciale cooked up! Almost as if taking a plane ride to Roma, our Dining Room was transformed into a traditional trattoria where residents could sip on flavorful wine of the region pairing perfectly with the selection of dishes offered. Just some of the delicious items on the menu included: Three cheese gnocchi, chicken Marsala, Chianti and to top it off, chocolate and vanilla cannolis!



Ellie & her daughter say cheers!



Al & Irene enjoy their meal.

## Big Bucks Bingo Fun

Big Winnings at Big Bucks Bingo!

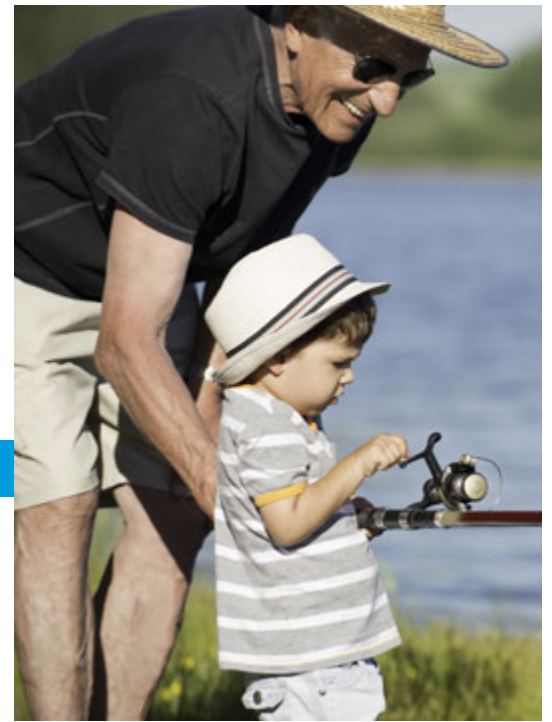
What better way to enjoy an evening at Canfield Place than with our lively Big Bucks Bingo night? On Thursday, April 26, residents, their families and prospective residents joined in on the fun at a chance to win some major money! Our large group in the Dining Room made it a night to remember. Delicious sweet treats and wine were served while our General Manager, Jennifer Carty, challenged participants in a variety of lively games of Bingo. Our biggest winner walked away with \$135 at the end of the night. We look forward to our next Big Bucks Bingo game and hope you will join us!



Our Sales Advisor, Pam Rinehart, celebrating a win from Bingo!



Frank was a winner!



## Doughnut Diversity

The first Friday in June is National Doughnut Day in the U.S., but the love of fried dough is a global phenomenon. Treat yourself to this menu of doughnuts from around the world:

**Berliner** – This round German doughnut is filled with jam or marmalade and topped with powdered sugar or icing.

**Paczki** – Similar to Berliners, these Polish pastries are richer and typically filled with jam or cream. In Israel, the sufganiyah is a nearly identical treat.

**Churro** – A cinnamon and sugar mixture nestles into the ridged sides of this skinny, tube-shaped doughnut, a favorite in Mexico, where it is often dipped in chocolate sauce.

**Youtiao** – This lightly salted, chewy stick is also known as the Chinese cruller, and is typically dunked in rice porridge or soy milk at breakfast time.

**Jalebi** – Similar to funnel cakes, these treats made with fermented batter and soaked in saffron syrup are found throughout the Middle East and South Asia.

**Koeksister** – South Africa is home to this sticky braided doughnut, which is coated in a syrup flavored with cinnamon, ginger and lemon.

**Loukoumades** – A favorite in Greece and Turkey, these fried dough balls covered with honey and cinnamon were traditionally served to winners in the ancient Olympics.

Here at Canfield Place, we always celebrate National Doughnut Day at breakfast! It is always great fun to try out different flavors of donut holes.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Locations</b> Bistro, B Dining Room, DR Great Room, GR Library, LIB Lobby, L PrimeFit Gym, PFG Private Dining Room, PDR</p>	<p><b>Transportation</b> <b>Monday, Wednesday &amp; Thursday, 8:30 a.m.-2 p.m.:</b> Doctor Appointments <b>Tuesday, 10:30 a.m.-3:30 p.m.:</b> Tuesday Excursion Trips <b>Friday, 9:30 a.m.:</b> Fred Meyer Trip #1 <b>Friday, 11:45 a.m.:</b> Fred Meyer Trip #2 <b>Friday, 11:45 a.m.:</b> Banks, Post Office, &amp; Dollar Tree</p>	<p><b>Birthdays</b> Fred Journeay, 4th Barbara Boyd, 13th Patricia Fisher, 24th Jodie Konecki, 26th</p>			<p>9:30 Flexibility Fridays, PFG 9:30 Fred Meyer Trip #1, L 11:45 Fred Meyer Trip #2, Banks, Post Office, &amp; Dollar Tree Trips, L <b>2:30 COUNTRY DRIVES, GR</b> 7:00 "Jeopardy!" &amp; "Wheel of Fortune", GR</p>	<p>10:00 Coffee Time, B 1:30 Bingo, PFG <b>3:30 Wii Bowling, GR</b></p>
<p>3 1:00 LARGE PRINT LIBRARY CHECKOUT, L 3:30 Wii Bowling, GR 6:15 Movie &amp; Popcorn, GR</p>	<p>4 9:30 EVERYDAY EXERCISE, PFG 10:00 Rummikub Tile Game, GR 2:00 Brain Games with Kristin, LIB 3:00 Social Mixer, GR 3:30 BRAIN FITNESS WITH KRISTIN, LIB 7:00 "Jeopardy!" &amp; "Wheel of Fortune", GR</p>	<p>5 9:30 EVERYDAY EXERCISE, PFG 10:30 Catholic Communion, PDR 1:00 Bridge Game, LIB <b>1:00 TUALATIN WILDLIFE REFUGE TOUR, GR</b> 1:15 WALKING GROUP, PFG 1:30 Wii Bowling, GR 3:00 Resident Council Meeting, PFG 7:00 "Jeopardy!" &amp; "Wheel of Fortune", GR</p>			<p>6 9:30 EVERYDAY EXERCISE, PFG 10:00 Mexican Train Dominoes, GR 1:30 Bingo, PFG 6:15 Movie &amp; Popcorn, GR</p>	<p>7 9:30 EVERYDAY EXERCISE, PFG 10:15 Crafting Group, GR 10:45 Scrabble Game, LIB 7:00 "Jeopardy!" &amp; "Wheel of Fortune", GR</p>
<p>10 1:00 LARGE PRINT LIBRARY CHECKOUT, L <b>2:00 MUSIC WITH LEE NICHOLS, GR</b> 3:30 Wii Bowling, GR 6:15 Movie &amp; Popcorn, GR</p>	<p>11 9:30 EVERYDAY EXERCISE, PFG 10:00 Rummikub Tile Game, GR 2:00 Brain Games with Kristin, LIB 3:00 Social Mixer, GR 3:30 BRAIN FITNESS WITH KRISTIN, LIB 7:00 "Jeopardy!" &amp; "Wheel of Fortune", GR</p>	<p>12 9:30 EVERYDAY EXERCISE, PFG 10:30 Catholic Communion, PDR <b>10:30 ADELMAN'S PEONY GARDEN PICNIC, GR</b> 1:00 Bridge Game, LIB 1:15 WALKING GROUP, PFG 1:30 Wii Bowling, GR 7:00 "Jeopardy!" &amp; "Wheel of Fortune", GR</p>	<p>13 9:30 EVERYDAY EXERCISE, PFG 10:00 Mexican Train Dominoes, GR 1:30 Bingo, PFG <b>3:30 Vegas Games with Jason, GR</b> 6:15 Movie &amp; Popcorn, GR</p>	<p>14 <b>FLAG DAY</b> 9:30 EVERYDAY EXERCISE, PFG 10:15 Crafting Group, GR 10:45 Scrabble Game, LIB <b>2:00 Book Club with Kristin</b> 7:00 "Jeopardy!" &amp; "Wheel of Fortune", GR</p>	<p>15 9:30 Flexibility Fridays, PFG 9:30 Fred Meyer Trip #1, L 11:45 Fred Meyer Trip #2, Banks, Post Office, &amp; Dollar Tree Trips, L 1:30 Resident Meeting, GR <b>2:30 COUNTRY DRIVES, GR</b> 7:00 "Jeopardy!" &amp; "Wheel of Fortune", GR</p>	<p>16 10:00 Coffee Time, B 1:30 Bingo, PFG <b>3:30 Wii Bowling, GR</b></p>
<p><b>FATHER'S DAY</b> 17 1:00 LARGE PRINT LIBRARY CHECKOUT, L 3:30 Wii Bowling, GR 6:15 Movie &amp; Popcorn, GR</p>	<p>18 9:30 EVERYDAY EXERCISE, PFG 10:00 Rummikub Tile Game, GR 2:00 Brain Games with Kristin, LIB 3:00 Social Mixer, GR 3:30 BRAIN FITNESS WITH KRISTIN, LIB 7:00 "Jeopardy!" &amp; "Wheel of Fortune", GR</p>	<p>19 9:30 EVERYDAY EXERCISE, PFG 10:30 Catholic Communion, PDR <b>11:00 SWEET TOMATOES LUNCHEON, GR</b> 1:00 Bridge Game, LIB 1:15 WALKING GROUP, PFG 1:30 Wii Bowling, GR 7:00 "Jeopardy!" &amp; "Wheel of Fortune", GR</p>	<p>20 9:30 EVERYDAY EXERCISE, PFG 10:00 Mexican Train Dominoes, GR 1:30 Bingo, PFG 6:15 Movie &amp; Popcorn, GR</p>	<p>21 <b>SUMMER BEGINS</b> 9:30 EVERYDAY EXERCISE, PFG 10:15 Crafting Group, GR 10:45 Scrabble Game, LIB 7:00 "Jeopardy!" &amp; "Wheel of Fortune", GR</p>	<p>22 9:30 Flexibility Fridays, PFG 9:30 Fred Meyer Trip #1, L <b>10:30 Church Service with Nehemiah Brown, GR</b> 11:45 Fred Meyer Trip #2, Banks, Post Office, &amp; Dollar Tree Trips, L <b>2:30 COUNTRY DRIVES, GR</b> 7:00 "Jeopardy!" &amp; "Wheel of Fortune", GR</p>	<p>23 10:00 Coffee Time, B 1:30 Bingo, PFG <b>3:30 Wii Bowling, GR</b></p>
<p>24 1:00 LARGE PRINT LIBRARY CHECKOUT, L <b>1:30 MUSIC WITH BILL BEACH, GR</b> 3:30 Wii Bowling, GR 6:15 Movie &amp; Popcorn, GR</p>	<p>25 9:30 EVERYDAY EXERCISE, PFG 10:00 Rummikub Tile Game, GR 2:00 Brain Games with Kristin, LIB 3:00 Social Mixer, GR 3:30 BRAIN FITNESS WITH KRISTIN, LIB 7:00 "Jeopardy!" &amp; "Wheel of Fortune", GR</p>	<p>26 9:30 EVERYDAY EXERCISE, PFG 10:30 Catholic Communion, PDR 1:00 Bridge Game, LIB <b>1:00 GOODWILL SHOPPING, GR</b> 1:15 WALKING GROUP, PFG 1:30 Wii Bowling, GR 7:00 "Jeopardy!" &amp; "Wheel of Fortune", GR</p>	<p>27 9:30 EVERYDAY EXERCISE, PFG 10:00 Mexican Train Dominoes, GR 1:30 Bingo, PFG <b>3:00 MUSIC WITH LEE NICHOLAS, GR</b> <b>3:30 Vegas Games with Jason, GR</b> 6:15 Movie &amp; Popcorn, GR</p>	<p>28 9:30 EVERYDAY EXERCISE, PFG 10:15 Crafting Group, GR 10:45 Scrabble Game, LIB <b>2:00 Book Club with Kristin</b> 7:00 "Jeopardy!" &amp; "Wheel of Fortune", GR</p>	<p>29 9:30 Flexibility Fridays, PFG 9:30 Fred Meyer Trip #1, L 11:45 Fred Meyer Trip #2, Banks, Post Office, &amp; Dollar Tree Trips, L <b>2:30 COUNTRY DRIVES, GR</b> 7:00 "Jeopardy!" &amp; "Wheel of Fortune", GR</p>	<p>30 10:00 Coffee Time, B 1:30 Bingo, PFG <b>3:30 Wii Bowling, GR</b></p>

# Tualatin Wildlife Refuge

With summer right around the corner and the weather warming up, exploring in the great outdoors is the perfect way to kick it off! Come with us on a trip to the Tualatin National Wildlife Refuge on Tuesday, June 5, at 11:30 a.m. Located on the outskirts of Portland, it is one of only a few urban wildlife refuges in the country. Due to its richness and diversity of habitats, the refuge houses support some of the most abundant and varied wildlife in the watershed! It is currently home to almost 200 species of birds and numerous different types of insects, fish and plants. Come learn more about the wildlife that lives just outside your front door!

## CANFIELD PLACE

LIVING BETTER THAN EVER

14570 SW Hart Road  
Beaverton, OR 97007  
503.626.5100

### Staff

#### General Manager

Jennifer Carty

#### Sales Advisor

Pam Rinehart

#### Chef

Robert McKenzie

#### Restaurant Supervisor

Nancy Campos

#### Health and Wellness Manager

Shawna Frazier

#### Bookkeeper

Amanda Shriver

#### Program Supervisor

Susan Christopher

#### PrimeFit Instructor

Kristin Nackers

#### Housekeeping Supervisor

Colleen Rake

#### Plant Operations Supervisor

Mike Campos

## Mother's Day Tea



Katherine and her daughter smile for the camera.



Lovina and her daughter enjoy this special event.



Donna, her daughters, and granddaughter enjoyed Mother's Day Tea!

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## 2018 Destinations

Mexican Riviera Cruise | Oct 21-28, 2018

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For more information,  
or to book your getaway, contact:  
Carol Dennis at 1-888-468-2010



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