

# livfun

Mackenzie Place  
FORT COLLINS

JANUARY 2019 • TIME FOR SOMETHING NEW



## November: A Month for Thankfulness

Since the first Pilgrims, November has been designated as the month to reflect on our blessings. Before the merchandising chaos, cold-weather doldrums, and stress of December, it is important to remember how fortunate we really are. Many people wrote beautiful notes of thanks on the leaves of our thankful tree. Some examples are: I am thankful for ... God, family, friends, coworkers, pets, my home, good food, job, promotion, love, health, beauty, and the kindness of others, to name a few. At the end of every day asking yourself "What was I thankful for today?" can bring a sense of happiness that lifts our spirits.

On Sunday, Nov. 11, we expressed our thanks to others whose sacrifices have a direct impact on the lives we live today. On Veterans Day, we brought together incoming cadets from the Colorado State ROTC program and our retired service men and women to share stories over lovely brunch buffet in Mason's Dining Room. Monday, the Valentine City Chorus performed a poignant rendition of the Armed Services Medley. Then, the final Recognition Ceremony, coordinated by Pathways Hospice, was a real tribute for the sacrifices made during different global conflicts and it was highlighted by our very own MaryJo singing "America the Beautiful."

Remembering all year round to be thankful for what we have and express thanks to everyone we meet creates a continually renewing sense of happiness. Wishing you the happiest year yet!



*Thank you to the Cadets from Colorado State University ROTC program.*



*The amazing Valentine City Chorus*



*Heartfelt recognition of our men and women who served*

## How the World Celebrates the New Year

In the U.S., the New Year is often ushered in with parties, fireworks and a midnight kiss. The rest of the world revels in a variety of traditions.

**Spain** – At the stroke of midnight, people in Spain eat 12 grapes, one for each month of the year ahead, for good luck.

**Russia** – In the country's region of Siberia, divers plunge into icy lakes to place a New Year tree, or "yolka," beneath the water's surface, symbolizing a new beginning.

**Germany** – Germans give a sweet greeting to Jan. 1 by eating the jelly doughnut known as a "Berliner," "Pfannkuchen" or "Krapfen."

**Japan** – All across this Asian nation, the sound of cities ringing in the New Year can be heard at midnight, when bells chime 108 times as a cleansing ritual.

**Colombia** – Those hoping for travel adventures in the coming year will carry an empty suitcase with them, a custom in Colombia and other Latin American countries.

**Greece** – Symbolizing renewal, onions are hung on doorways as a good luck token.

**Brazil** – To bring prosperity and good luck, Brazilians wear white on New Year's Eve and toss white flowers and candles into the ocean.

**Turkey** – At midnight, people here sprinkle salt on their doorsteps, which is believed to bring peace and good fortune.

**Finland** – A crafty custom in Finland is to melt down some tin and then pour it into cold water. When the metal hardens, the shape it forms gives a prediction for the year to come.

**Romania** – For protection in the new year, many dress up as bears and perform a dance to scare away bad luck.

## New Type of Resolution

When we cheer “Happy New Year,” it is a toast to wish everyone well on the upcoming year. As a community going into 2019, there are some opportunities to start the year off in a positive way. A few months ago, MacKenzie Cares started up. If you haven’t heard of it, it is our way of giving back to our community in various ways and each month will be a different opportunity



*Yes, that is Troy!*

to give back. We first started with the food drive in October, warm weather clothing in November, and Festival of Trees in December. Now that it is 2019, we look forward to making a positive impact on other people’s lives through the year. When we give back, it helps one feel happy and can help have a positive impact on overall wellness. This could be a New Year’s resolution for our community! MacKenzie Cares will continue through 2019, however, a unique opportunity that will be coming again for the fifth time is our Annual February Fitness Frenzy!

The February Fitness Frenzy is a way to stay active during the winter, focus on health, and give back! The Fitness Frenzy benefits the One Eighty Foundation and then a chosen local non-profit, which this year will be the Boys and Girls Club of Larimer County! Both foundations benefit children and families in various ways. We will spend the month of February being active and hosting big events, all while having a good time. The frenzy is for staff, residents, family, and friends! The One Eighty Foundation is the non-profit 501c3 that the CEO of Leisure Care started in 2010. Since then, the One Eighty Foundation has grown to help kids and families beyond Washington and where there are Leisure Care communities!

A few events that we will be doing to get fit for philanthropy will be a health fair, a benefit concert with great entertainment, and a silent auction full of various items from fun to health! Take a look at some of the pictures from the Frenzy, as well at the One Eighty Foundation giving back! Let’s kick off 2019 with positive thoughts, being active, and helping others!



RETIREMENT  
IN FULL BLOOM

4750 Pleasant Oak Drive  
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## Staff

**General Manager**  
Troy Erickson

**Guest Services Manager**  
Erica Cheadle

**Community Sales Manager**  
Alan Heileman

**Sales Advisor**  
Kristina Schmidt

**Community Relations Representative**  
Susan Walker

**Chef**  
Korey Stein

**Restaurant Manager**  
Mike Hansen

**Health and Wellness Director**  
Alisha Martinez

**Health and Wellness Coordinator**  
Gail Powers

**Memory Care Program Manager**  
Katie Snyder

**Office Manager**  
Mary Jo Braden

**Program Supervisor**  
Marlo Rhea

**PrimeFit Instructor**  
Melissa Hardy

**PrimeFit Personal Trainer**  
Jake Middleton

**Concierge**  
Kurt Muller

**Plant Operations Supervisor**  
John Wear

**Salon/Spa Manager**  
Lisa Rudd



# PRIMEFIT

2019 PrimeFit Resolution:  
Welcome to the new you.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>Locations</b> Activity Kitchen, AK Ballroom, BR Chapel, CH Den, Den Front Desk, FD Legacy Healthcare (Third Floor), LH Living Room, LR	Mason's Restaurant, MR Memory Care Courtyard, MC Old Grout Pub, OG Pioneer Bistro, PB Pool Courtyard, PC PrimeFit, PF Private Dining Room, PDR The Lodge, Lodge Theater, TH	<b>NEW YEAR'S DAY 1</b> 9:15 Fusion Fit & Balance, BR 11:00 TED Talk Tuesday, TH 1:00 Contract Bridge, PB 3:00 Men's Coffee, OG 3:00 Ladies' Afternoon Tea, PDR 4:00 Line Dancing, PF 7:00 Movie Night, TH	<b>2</b> 9:15 Strengthen & Move, BR 10:00 Aqua Fitness, PF <b>10:45 Excursion: New Belgium Brewery Tour, FD</b> 1:30 Bingo, .25, OG 2:00 Euchre: Resident Led, OG <b>3:00 Karaoke with Alyssa, BR</b> <b>4:00 Flower Arrangement, AK</b> 7:00 Movie Night, TH	<b>3</b> 9:15 Fusion Fit & Balance, BR <b>10:30 Book Club, PDR</b> <b>12:30 Thursday Matinee, TH</b> <b>1:00 Cooking with Korey, AK</b> 2:00 Hearts, OG 2:30 Ping-Pong, PF <b>3:00 Singalong, CH</b> 4:00 Line Dancing, PF 7:00 Movie Night, TH	<b>4</b> 9:15 Strengthen & Move, BR <b>9:30 Coffee Social, OG</b> 10:00 Aqua Fitness, PF 10:30 Knitting & Crochet, Den 2:00 Skip-Bo, PB <b>4:00 Happy Hour with Live Music: Vic Anderson, BR</b> 7:00 Movie Night, TH	<b>5</b> <b>10:00 Beginners Tai Chi, PF</b> 11:15 Balloon Volleyball, BR <b>12:00 Lunch Outing, FD</b> 1:30 Bingo, .50, OG <b>3:00 Mystery Series, TH</b> 3:15 Blackjack, OG 7:00 Movie Night, TH	
	<b>6</b> 10:30 Sunday Family Brunch, MR 10:30 Live Church Services with Timberline, TH <b>11:30 Isaac at the Piano, LR</b> 2:15 Dealer's Choice Poker, OG 3:00 Lecture Series, TH 7:00 Movie Night, TH	<b>7</b> 9:15 Strengthen & Move, BR 10:00 Aqua Fitness, PF 10:00 Mexican Train Dominoes, PB 10:30 Bible Study, AK 11:15 Blood Pressure Checks, LH 11:15 Balloon Volleyball, BR 2:00 Just for Fun Bingo, PB <b>3:00 Yoga Class, BR</b> 3:20 Texas Hold 'Em, AK 7:00 Movie Night, TH	<b>8</b> 9:15 Fusion Fit & Balance, BR <b>10:30 Archery with Erica, FD</b> 11:00 TED Talk Tuesday, TH 1:00 Duplicate Bridge, PB 3:00 Men's Coffee, OG 3:00 Ladies' Afternoon Tea, PDR 4:00 Line Dancing, PF 7:00 Movie Night, TH	<b>9</b> 9:15 Strengthen & Move, BR 10:00 Aqua Fitness, PF <b>10:30 Excursion: NCAR, National Center for Atmospheric Research, FD</b> <b>12:30 Music with Scott Jensen, LR</b> 1:30 Bingo, .25, OG 2:00 Euchre: Resident Led, OG 3:00 Technology Help, PB <b>4:00 Wine &amp; Cheese Social, OG</b> 7:00 Movie Night, TH	<b>10</b> 9:15 Fusion Fit & Balance, BR <b>10:30 Book Club, PB</b> <b>11:00 Catholic Communion Service, CH</b> <b>12:30 Thursday Matinee, TH</b> <b>1:00 Barnes &amp; Noble Bookstore, FD</b> 2:00 Hearts, OG 2:30 Ping-Pong, PF <b>3:00 Singalong, CH</b> 4:00 Line Dancing, PF 7:00 Movie Night, TH	<b>11</b> 9:15 Strengthen & Move, BR 10:00 Aqua Fitness, PF 10:30 Knitting & Crochet, Den 2:00 Skip-Bo, PB <b>4:00 Happy Hour with Live Music: Harris &amp; Harris, BR</b> 7:00 Movie Night, TH	<b>12</b> <b>10:00 Beginners Tai Chi, PF</b> 11:15 Balloon Volleyball, BR 1:30 Bingo, .50, OG <b>3:00 Mystery Series, TH</b> 3:15 Blackjack, OG 7:00 Movie Night, TH
	<b>13</b> 10:30 Sunday Family Brunch, MR 10:30 Live Church Services with Timberline, TH 2:15 Dealer's Choice Poker, OG 3:00 Lecture Series, TH 7:00 Movie Night, TH	<b>14</b> 9:15 Strengthen & Move, BR 10:00 Aqua Fitness, PF 10:00 Mexican Train Dominoes, PB 10:30 Bible Study, AK 11:15 Blood Pressure Checks, LH 11:15 Balloon Volleyball, BR <b>1:00 Beginners Watercolor Class, AK</b> 2:00 Just for Fun Bingo, PB <b>3:00 Yoga Class, BR</b> 3:20 Texas Hold 'Em, AK 7:00 Movie Night, TH	<b>15</b> 9:15 Fusion Fit & Balance, BR <b>10:00 Vitals &amp; Wellness Clinic, BR</b> 11:00 TED Talk Tuesday, TH 1:00 Contract Bridge, PB 3:00 Men's Coffee, OG 3:00 Ladies' Afternoon Tea, PDR 4:00 Line Dancing, PF <b>5:00 Make Mine a MacKenzie Special: A Night of Magic, MR</b> 7:00 Movie Night, TH	<b>16</b> 9:15 Strengthen & Move, BR 10:00 Aqua Fitness, PF <b>10:30 Excursion: CSU Energy Institute Tour, PB</b> 1:30 Bingo, .25, OG 2:00 Euchre: Resident Led, OG 3:00 Technology Help, PB <b>4:00 Flower Arrangement, AK</b> <b>4:00 Dance Mixer, BR</b> 7:00 Movie Night, TH	<b>17</b> <b>9:00 Complimentary Hearing Screenings, AK</b> 9:15 Fusion Fit & Balance, BR <b>10:30 Book Club, PB</b> <b>11:30 Piano with Jim Turner, LR</b> <b>12:30 Thursday Matinee, TH</b> 2:00 Hearts, OG 2:30 Ping-Pong, PF <b>3:00 Singalong, CH</b> 4:00 Line Dancing, PF 7:00 Movie Night, TH	<b>18</b> 9:15 Strengthen & Move, BR <b>10:00 Bowling with Troy, FD</b> 10:00 Aqua Fitness, PF 10:30 Knitting & Crochet, Den <b>11:00 Birthday Celebration, BR</b> <b>1:00 "Ask a Nurse!," PB</b> 2:00 Skip-Bo, PB <b>4:00 Happy Hour with Live Music: Gary Camp's Rock N Roll Band, BR</b> 7:00 Movie Night, TH	<b>19</b> <b>10:00 Beginners Tai Chi, PF</b> 11:15 Balloon Volleyball, BR <b>12:00 Lunch Outing, FD</b> 1:30 Bingo, .50, OG <b>3:00 Mystery Series, TH</b> 3:15 Blackjack, OG 7:00 Movie Night, TH
	<b>20</b> 10:30 Sunday Family Brunch, MR 10:30 Live Church Services with Timberline, TH <b>11:30 Isaac at the Piano, LR</b> 2:15 Dealer's Choice Poker, OG 3:00 Lecture Series, TH 7:00 Movie Night, TH	<b>MARTIN LUTHER KING JR. DAY 21</b> 9:15 Strengthen & Move, BR 10:00 Aqua Fitness, PF 10:00 Mexican Train Dominoes, PB 10:30 Bible Study, AK 11:15 Blood Pressure Checks, LH 11:15 Balloon Volleyball, BR 2:00 Just for Fun Bingo, PB <b>3:00 Yoga Class, BR</b> 3:20 Texas Hold 'Em, AK 7:00 Movie Night, TH	<b>22</b> 9:15 Fusion Fit & Balance, BR <b>10:00 Furry Friend Visit Remi, FD</b> 11:00 TED Talk Tuesday, TH <b>12:00 Piano with Steve Ambrose, LR</b> 1:00 Duplicate Bridge, PB 3:00 Men's Coffee, OG 3:00 Ladies' Afternoon Tea, PDR 4:00 Line Dancing, PF <b>4:00 Wine with Alan, PB</b> 7:00 Movie Night, TH	<b>23</b> <b>8:30 Excursion: Denver Air Route Travel Control Center, PB</b> 9:15 Strengthen & Move, BR 10:00 Aqua Fitness, PF 1:30 Bingo, .25, OG 2:00 Euchre: Resident Led, OG 3:00 Technology Help, PB 7:00 Movie Night, TH	<b>24</b> 9:15 Fusion Fit & Balance, BR <b>10:30 Book Club, PB</b> <b>11:00 Catholic Communion Service, CH</b> <b>12:30 Thursday Matinee, TH</b> <b>1:00 Book Lovers Book Store, FD</b> 2:00 Hearts, OG 2:30 Ping-Pong, PF <b>3:00 Singalong, CH</b> 4:00 Line Dancing, PF <b>4:00 Symphony, TH</b> 7:00 Movie Night, TH	<b>25</b> <b>9:00 Dr. Collins with on Site Dermatology</b> 9:15 Strengthen & Move, BR <b>10:00 Water Volleyball, PF</b> <b>10:00 Rocky Mountain Raptors Visit, LR</b> 10:30 Knitting & Crochet, Den <b>1:00 Presentation: Putting You First in 2019, OG</b> 2:00 Skip-Bo, PB <b>4:00 Happy Hour with Live Music: Josh Brookstein, BR</b> 7:00 Movie Night, TH	<b>26</b> <b>10:00 Beginners Tai Chi, PF</b> 11:15 Balloon Volleyball, BR 1:30 Bingo, .50, OG <b>3:00 Mystery Series, TH</b> 3:15 Blackjack, OG 7:00 Movie Night, TH
	<b>27</b> 10:30 Sunday Family Brunch, MR 10:30 Live Church Services with Timberline, TH 2:15 Dealer's Choice Poker, OG 3:00 Lecture Series, TH 7:00 Movie Night, TH	<b>28</b> 9:15 Strengthen & Move, BR 10:00 Aqua Fitness, PF 10:00 Mexican Train Dominoes, PB 10:30 Bible Study, AK 11:15 Blood Pressure Checks, LH 11:15 Balloon Volleyball, BR <b>2:00 Town Hall Meeting, MR</b> <b>3:00 Yoga Class, BR</b> 3:20 Texas Hold 'Em, AK 7:00 Movie Night, TH	<b>29</b> 9:15 Fusion Fit & Balance, BR <b>11:00 Ted Talk Live: Author Jean Muenchrath, TH</b> <b>1:00 Contract Bridge, PB</b> 3:00 Men's Coffee, OG 3:00 Ladies' Afternoon Tea, PDR 4:00 Line Dancing, PF 7:00 Movie Night, TH	<b>30</b> 9:15 Strengthen & Move, BR 10:00 Aqua Fitness, PF <b>10:30 Excursion: Avenir Museum of Design &amp; Merchandising, FD</b> 1:30 Bingo, .25, OG 2:00 Euchre: Resident Led, OG <b>3:00 Craft Class, AK</b> 3:00 Technology Help, PB <b>4:00 Dance Mixer, BR</b> <b>4:00 Off the Clock with John, OG</b> 7:00 Movie Night, TH	<b>31</b> 9:15 Fusion Fit & Balance, BR <b>10:30 Book Club, PB</b> <b>12:30 Thursday Matinee, TH</b> 2:00 Hearts, OG 2:30 Ping-Pong, PF <b>3:00 Singalong, CH</b> <b>4:00 New Member Reception</b> 4:00 Line Dancing, PF 7:00 Movie Night, TH	<b>Transportation</b> Monday, First Monday ONLY at 10 a.m.: Walgreens/Dollar Store Monday, 2 p.m.: Super Target/Library Thursday, 10 a.m.: King Soopers Grocery Thursday, 10:30 a.m.: Safeway Grocery Sunday, 9 a.m.: Various Churches Sunday, 1:30 p.m.: King Soopers Grocery Sunday, 2 p.m.: Safeway Grocery	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>NEW YEAR'S DAY</b> 1 8:00 ● Coffee & Conversation 9:00 ● Reach & Stretch 10:00 ● Community Walk: Refreshments by the Fireplace 11:00 ● Napkin Folding with Staff 1:30 ● Puzzles & Games <b>1:30 ● EXCURSION: ROCKY MTN. CHOCOLATE FACTORY</b> 2:30 ● Hand Massages 4:00 ● Setting the Table 6:00 ● Movie Time	8:00 ● Coffee & Conversation 2 9:00 ● Reach & Stretch 10:00 ● Colorful Creations 11:00 ● Tend to the Garden 1:30 ● Balloon Table Tennis <b>2:30 ● WATER COLOR WITH KATIE</b> 4:00 ● Setting the Table 6:00 ● Movie Time	8:00 ● Coffee & Conversation 3 9:00 ● Reach & Stretch 10:00 ● Colorful Creations <b>10:30 ● MEMORY CAFE</b> 1:15 ● What's in the Bag? 2:15 ● Workout with Melissa * <b>3:00 ● Aroma Bingo!</b> 4:00 ● Setting the Table 6:00 ● Movie Time <span style="float:right">PF</span>	8:00 ● Coffee & Conversation 4 9:00 ● Reach & Stretch 10:00 ● Colorful Creations <b>11:15 ● ENTERTAINMENT: SCOTT JENSEN</b> 1:30 ● Puzzles & Games <b>1:30 ● EXCURSION: SCENIC DRIVE</b> <b>3:00 ● HAPPY HOUR</b> 4:00 ● Setting the Table 6:00 ● Movie Time	8:00 ● Coffee & Conversation 5 9:00 ● Reach & Stretch 10:00 ● Colorful Creations 10:30 ● Golfing Presentation with Pat 11:00 ● Napkin Folding with Staff 1:00 ● Manicure Saturday <b>2:00 ● ARTS &amp; CRAFTS WITH STAFF</b> 3:00 ● Tidy Up Around the House Chores 4:00 ● Setting the Table 6:00 ● Movie Time
8:00 ● Coffee & Conversation 6 9:00 ● Reach & Stretch <b>9:30 ● HYMNS WITH ELAINE</b> 10:00 ● Colorful Creations 10:30 ● Sunday Church Service 11:00 ● Card & Sensory Games 1:00 ● Spiritual Verses & Poems 1:30 ● Arts & Crafts with Staff 3:00 ● Aroma Bingo! 4:00 ● Setting the Table 6:00 ● Movie Time	8:00 ● Coffee & Conversation 7 9:00 ● Reach & Stretch 10:00 ● Colorful Creations 11:00 ● Balloon Toss 1:00 ● Indoor Cornhole 2:00 ● Sensory Stations <b>3:00 ● BAKER'S BUNCH</b> 4:00 ● Setting the Table 6:00 ● Movie Time	8:00 ● Coffee & Conversation 8 9:00 ● Reach & Stretch <b>10:00 ● Community Walk: Refreshments by the Fireplace</b> 11:00 ● Napkin Folding with Staff 1:30 ● Puzzles & Games 2:30 ● Hand Massages 3:00 ● Ladies' Tea 4:00 ● Setting the Table 6:00 ● Movie Time	8:00 ● Coffee & Conversation 9 9:00 ● Reach & Stretch 10:00 ● Colorful Creations <b>10:30 ● ELDERGROW</b> <b>1:30 ● KENDRA'S SINGALONG</b> 2:30 ● Building Kaleidoscopes 4:00 ● Setting the Table 6:00 ● Movie Time	8:00 ● Coffee & Conversation 10 9:00 ● Reach & Stretch 10:00 ● Colorful Creations 11:00 ● Music Jamboree 1:15 ● Ribbon Dancing 2:00 ● Community Walk: Refreshments by the Fireplace <b>3:00 ● Aroma Bingo!</b> 4:00 ● Setting the Table 6:00 ● Movie Time <span style="float:right">PF</span>	8:00 ● Coffee & Conversation 11 9:00 ● Reach & Stretch 10:00 ● Colorful Creations <b>11:15 ● ENTERTAINMENT: SCOTT JENSEN</b> 1:30 ● Puzzles & Games <b>1:30 ● EXCURSION: SCENIC DRIVE</b> <b>3:00 ● HAPPY HOUR</b> 4:00 ● Setting the Table 6:00 ● Movie Time	8:00 ● Coffee & Conversation 12 9:00 ● Reach & Stretch 10:00 ● Colorful Creations 11:00 ● Napkin Folding with Staff 1:00 ● Manicure Saturday <b>2:00 ● ARTS &amp; CRAFTS WITH STAFF</b> 3:00 ● Tidy Up Around the House Chores 4:00 ● Setting the Table 6:00 ● Movie Time
8:00 ● Coffee & Conversation 13 9:00 ● Reach & Stretch 10:00 ● Colorful Creations 10:30 ● Sunday Church Service 11:00 ● Card & Sensory Games 1:00 ● Spiritual Verses & Poems 1:30 ● Arts & Crafts with Staff 3:00 ● Aroma Bingo! 4:00 ● Setting the Table 6:00 ● Movie Time	8:00 ● Coffee & Conversation 14 9:00 ● Reach & Stretch 10:00 ● Colorful Creations 11:00 ● Balloon Toss 1:00 ● Indoor Cornhole 2:00 ● Sensory Stations <b>3:00 ● ENTERTAINMENT: HIGH HOPES SINGERS</b> 4:00 ● Setting the Table 6:00 ● Movie Time	8:00 ● Coffee & Conversation 15 9:00 ● Reach & Stretch <b>10:00 ● Community Walk: Refreshments by the Fireplace</b> 11:00 ● Napkin Folding with Staff <b>1:30 ● EXCURSION: DISCOVERY MUSEUM</b> 1:30 ● Puzzles & Games 2:30 ● Hand Massages 3:00 ● Men's Coffee 4:00 ● Setting the Table 6:00 ● Movie Time	8:00 ● Coffee & Conversation 16 9:00 ● Reach & Stretch 10:00 ● Colorful Creations 11:00 ● Tend to the Garden 1:30 ● Balloon Table Tennis <b>2:30 ● WATER COLOR WITH KATIE</b> 4:00 ● Setting the Table 6:00 ● Movie Time	8:00 ● Coffee & Conversation 17 9:00 ● Reach & Stretch 10:00 ● Colorful Creations <b>10:30 ● MEMORY CAFE</b> <b>1:00 ● RESIDENT COUNCIL MEETING</b> 1:15 ● What's in the Bag? 2:15 ● Workout with Melissa * <b>3:00 ● Aroma Bingo!</b> 4:00 ● Setting the Table 6:00 ● Movie Time <span style="float:right">PF</span>	8:00 ● Coffee & Conversation 18 9:00 ● Reach & Stretch 10:00 ● Colorful Creations <b>11:15 ● ENTERTAINMENT: SCOTT JENSEN</b> 1:30 ● Puzzles & Games <b>1:30 ● EXCURSION: SCENIC DRIVE</b> <b>3:00 ● HAPPY HOUR</b> 4:00 ● Setting the Table 6:00 ● Movie Time	8:00 ● Coffee & Conversation 19 9:00 ● Reach & Stretch 10:00 ● Colorful Creations 11:00 ● Napkin Folding with Staff 1:00 ● Manicure Saturday <b>2:00 ● ARTS &amp; CRAFTS WITH STAFF</b> 3:00 ● Tidy Up Around the House Chores 4:00 ● Setting the Table 6:00 ● Movie Time
8:00 ● Coffee & Conversation 20 9:00 ● Reach & Stretch 10:00 ● Colorful Creations 10:30 ● Sunday Church Service 11:00 ● Card & Sensory Games 1:00 ● Spiritual Verses & Poems 1:30 ● Arts & Crafts with Staff 3:00 ● Aroma Bingo! 4:00 ● Setting the Table 6:00 ● Movie Time	<b>MARTIN LUTHER KING JR. DAY</b> 21 8:00 ● Coffee & Conversation 9:00 ● Reach & Stretch 10:00 ● Colorful Creations 11:00 ● Balloon Toss 1:00 ● Indoor Cornhole 2:00 ● Sensory Stations 2:30 ● Painting Birdhouses 4:00 ● Setting the Table 6:00 ● Movie Time	8:00 ● Coffee & Conversation 22 9:00 ● Reach & Stretch <b>10:00 ● Community Walk: Refreshments by the Fireplace</b> <b>11:00 ● LIVE PIANO: STEVE AMBROSE</b> 1:30 ● Puzzles & Games 2:30 ● Hand Massages 4:00 ● Setting the Table 6:00 ● Movie Time	8:00 ● Coffee & Conversation 23 9:00 ● Reach & Stretch 10:00 ● Colorful Creations <b>10:30 ● ELDERGROW</b> 1:30 ● Balloon Table Tennis 2:00 ● Making Sensory Dough 3:00 ● Indoor Ring Toss 4:00 ● Setting the Table 6:00 ● Movie Time	8:00 ● Coffee & Conversation 24 9:00 ● Reach & Stretch 10:00 ● Colorful Creations 11:00 ● Music Jamboree 1:15 ● Ribbon Dancing 2:00 ● Community Walk: Refreshments by the Fireplace <b>3:00 ● Aroma Bingo!</b> 4:00 ● Setting the Table 6:00 ● Movie Time	8:00 ● Coffee & Conversation 25 9:00 ● Reach & Stretch 10:00 ● Colorful Creations <b>11:15 ● ENTERTAINMENT: SCOTT JENSEN</b> 1:30 ● Puzzles & Games <b>1:30 ● EXCURSION: SCENIC DRIVE</b> <b>3:00 ● HAPPY HOUR</b> 4:00 ● Setting the Table 6:00 ● Movie Time	8:00 ● Coffee & Conversation 26 9:00 ● Reach & Stretch 10:00 ● Colorful Creations 11:00 ● Napkin Folding with Staff 1:00 ● Manicure Saturday <b>2:00 ● ARTS &amp; CRAFTS WITH STAFF</b> 3:00 ● Tidy Up Around the House Chores 4:00 ● Setting the Table 6:00 ● Movie Time
8:00 ● Coffee & Conversation 27 9:00 ● Reach & Stretch 10:00 ● Colorful Creations 10:30 ● Sunday Church Service 11:00 ● Card & Sensory Games 1:00 ● Spiritual Verses & Poems 1:30 ● Arts & Crafts with Staff 3:00 ● Aroma Bingo! 4:00 ● Setting the Table 6:00 ● Movie Time	8:00 ● Coffee & Conversation 28 9:00 ● Reach & Stretch 10:00 ● Colorful Creations 11:00 ● Balloon Toss 1:00 ● Indoor Cornhole 2:00 ● Sensory Stations <b>3:00 ● BAKER'S BUNCH</b> 4:00 ● Setting the Table 6:00 ● Movie Time	8:00 ● Coffee & Conversation 29 9:00 ● Reach & Stretch <b>10:00 ● Community Walk: Refreshments by the Fireplace</b> 11:00 ● Napkin Folding with Staff 1:30 ● Puzzles & Games 2:30 ● Hand Massages 4:00 ● Setting the Table 6:00 ● Movie Time	8:00 ● Coffee & Conversation 30 9:00 ● Reach & Stretch 10:00 ● Colorful Creations 11:00 ● Tend to the Garden 1:30 ● Balloon Table Tennis <b>2:30 ● WATER COLOR WITH KATIE</b> 4:00 ● Setting the Table 6:00 ● Movie Time	8:00 ● Coffee & Conversation 31 9:00 ● Reach & Stretch 10:00 ● Colorful Creations 11:00 ● Kneading Sensory Dough 1:15 ● Parachute Popcorn 2:00 ● Community Walk: Refreshments by the Fireplace <b>3:00 ● Aroma Bingo!</b> 4:00 ● Setting the Table 6:00 ● Movie Time	<div style="float:right"> <b>opal key</b>  <ul style="list-style-type: none"> <li><span style="color:red">●</span> Physical</li> <li><span style="color:blue">●</span> Social</li> <li><span style="color:green">●</span> Experiential</li> <li><span style="color:purple">●</span> Emotional &amp; Spiritual</li> <li><span style="color:yellow">●</span> Creative &amp; Artistic</li> <li><span style="color:orange">●</span> Therapeutic</li> <li><span style="color:lightblue">●</span> Sensory</li> </ul> </div>	