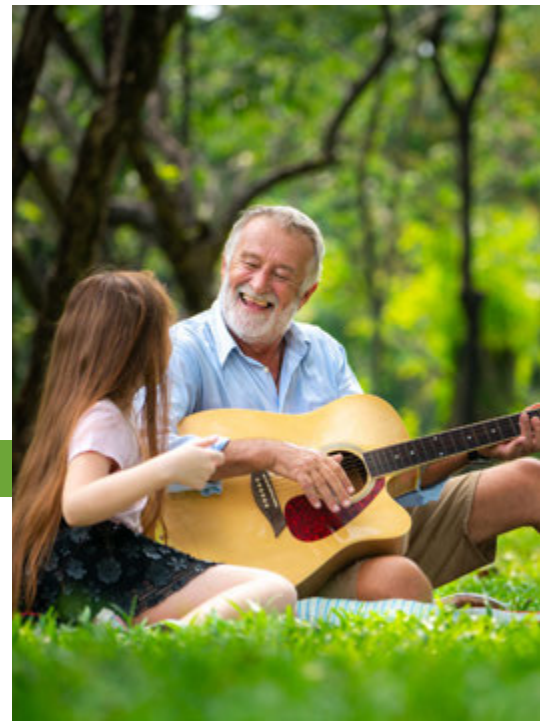


# livfun

Springfield Place

APRIL 2019 • SONGS OF SPRING



## Fun Activities!

What fun we had last month, from eating cheese to dressing green! Make sure to save the dates of all our upcoming excursions and social events! Happy spring, everyone!



*Helen and Beverly celebrating St. Patrick's Day in style!*



*Tore and Madison wearing their green!*



*Celebrating Thelma's 101 Birthday!*



*Teresa was feeling festive!*



*Say cheese! (Pt. Reyes Cheese Co.)*



*Celebrating our heritage!*



*Women's Luncheon is always fun!*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Locations</b> Activity Room, AR Bistro, B Dining Room, DR Gym, G Health &amp; Wellness, HW Library, LB Lobby, L Lounge, LG Private Dining Room, PD</p>	<p>9:15 <b>The Plaza North Shopping</b> 1 9:30 <i>Creative Arts with Deborah, AR</i> 1:00 Stretch &amp; Strengthen, AR * 1:15 <b>Target/Whole Foods Shopping</b> 2:00 <b>Blackjack, AR</b> 3:05 <i>Bocce Ball, AR</i> 4:00 <b>TRIVIA SOCIAL HOUR, LG</b> 6:15 <i>Musical Mondays, AR</i></p>	<p>9:15 Stretch &amp; Strengthen, AR * 2 10:30 <i>Spanish with Josue, AR</i> 1:15 <b>Current Events, AR</b> 2:30 <b>Balance Class, AR</b> 3:30 <b>Readers' Theater with Susan Sikora, AR</b> 6:15 <i>Independent Games, AR</i></p>	<p>9:15 Stretch &amp; Strengthen, AR * 3 10:30 <i>Bocce Ball, AR</i> 1:00 <i>Bingo, LG</i> 2:30 SRJC Presents, Living History with Steve, AR 4:00 <b>Birthday Social Hour with Scott on Ukulele, LG</b> 6:15 <i>I Love Lucy, AR</i></p>	<p>9:15 Chair Yoga with Karen, AR * 4 9:30 <i>Needlecrafters, LB</i> 10:30 <b>Brain Crunches with Josue, AR</b> 1:00 <b>Presentation by Buck Institute, AR</b> 2:30 <b>Balance Class, AR</b> 3:45 <i>Music with Vicki, LG</i> 6:15 <i>Ken Burns: Jazz, AR</i></p>	<p>9:15 Stretch &amp; Strengthen, AR * 5 9:15 <b>Scenic Drive</b> 10:00 <b>Wii Bowling, LG</b> 10:30 <b>Michael's Coffee Hour, B</b> 1:15 <b>Safeway/Banking Trip</b> 1:30 <b>Afternoon Table Games, AR</b> 2:45 <i>Wii Bowling, LG</i> 4:00 <b>Social Hour Harmonies with Steven on Piano, LG</b> 6:15 <i>Friday Flick, AR</i></p>	<p>10:00 Catholic Communion 6 10:30 <i>Bocce Ball, AR</i> 1:00 <i>Bingo, LG</i> 2:30 <i>Kings in the Corner with Barrett, AR</i> 4:00 <b>Social Hour, LG</b> 6:15 <i>Saturday Evening Movie, AR</i></p>
<p>8:30 Church Service Transportation, L 7 10:30 <i>Bocce Ball, AR</i> 1:00 <i>UNO Attack with Barrett, AR</i> 1:15 <i>Bridge, LB</i> 2:00 <b>YOUR CREATIVE TALENT SHOW, LG</b> 6:00 <b>Rummikub with Lu, LG</b> 6:15 <i>Sunday Cinema, AR</i></p>	<p>9:15 <b>The Plaza North Shopping</b> 8 9:30 <i>Creative Arts with Deborah, AR</i> 1:00 Stretch &amp; Strengthen, AR * 1:15 <b>Kohl's &amp; Leghorn Market Trip</b> 2:00 <b>Wii Bowling, LG</b> 3:05 <i>Bocce Ball, AR</i> 4:00 <b>TRIVIA SOCIAL HOUR, LG</b> 6:15 <i>Musical Mondays, AR</i></p>	<p>9:15 Stretch &amp; Strengthen, AR * 9 1:15 <b>Current Events, AR</b> 2:30 <b>Balance Class, AR</b> 3:30 <b>Readers' Theater with Susan Sikora, AR</b> 6:15 <i>Independent Games, AR</i></p>	<p>9:15 Stretch &amp; Strengthen, AR * 10 10:30 <i>Bocce Ball, AR</i> 1:00 <i>Bingo, LG</i> 2:30 SRJC Presents, Living History with Steve, AR 4:00 <b>Social Hour Harmonies: Dan Miller, LG</b> 6:15 <i>I Love Lucy, AR</i></p>	<p>9:15 Chair Yoga with Karen, AR * 11 9:30 <i>Needlecrafters, LB</i> 10:30 <b>Brain Crunches with Josue, AR</b> 1:15 <b>Balloon Volleyball, B</b> 2:30 <b>Balance Class, AR</b> 3:45 <i>Music with Vicki, LG</i> 6:15 <i>Ken Burns: Jazz, AR</i></p>	<p>9:15 Stretch &amp; Strengthen, AR * 12 9:15 <b>Scenic Drive</b> 10:00 <b>Wii Bowling, LG</b> 10:30 <b>Michael's Coffee Hour, B</b> 11:30 <b>Lunch Bunch: Palms Grill</b> 1:30 <i>Spiritual Discussion Group with Shelly, AR</i> 2:45 <i>Wii Bowling, LG</i> 4:00 <b>Lovin Harmony: Jazz Show, LG</b> 6:15 <i>Friday Flick, AR</i></p>	<p>10:00 Catholic Communion 13 10:30 <i>Bocce Ball, AR</i> 11:00 <b>Rock Jewelry Show with Rachel, B</b> 1:00 <i>Bingo, LG</i> 2:30 <i>Kings in the Corner with Barrett, AR</i> 4:00 <b>Social Hour Harmonies: Mike on Accordion, LG</b> 6:15 <i>Saturday Evening Movie, AR</i></p>
<p><b>PALM SUNDAY</b> 14 8:30 Church Service Transportation, L 10:30 <i>Bocce Ball, AR</i> 1:15 <i>Bridge, LB</i> 2:15 <i>Sunday Matinee, AR</i> 2:15 <b>Cookie Decorating with Madison, B</b> 2:30 <b>Wii Bowling, LG</b> 6:00 <b>Rummikub with Lu, LG</b> 6:15 <i>Sunday Cinema, AR</i></p>	<p>9:15 <b>The Plaza North Shopping</b> 15 9:30 <i>Creative Arts with Deborah, AR</i> 1:00 Stretch &amp; Strengthen, AR * 1:15 <b>Target/Whole Foods Shopping</b> 2:00 <b>Blackjack, AR</b> 3:05 <i>Bocce Ball, AR</i> 4:00 <b>TRIVIA SOCIAL HOUR, LG</b> 6:15 <i>Musical Mondays, AR</i></p>	<p>9:15 Stretch &amp; Strengthen, AR * 16 10:30 <i>Spanish with Josue, AR</i> 1:00 <b>Concentration with Vicki &amp; Stacy, AR</b> 1:15 <i>Current Events, PD</i> 2:30 <b>Balance Class, AR</b> 3:30 <b>Readers' Theater with Susan Sikora, AR</b> 6:15 <i>Independent Games, AR</i></p>	<p>9:15 Stretch &amp; Strengthen, AR * 17 10:30 <i>Bocce Ball, AR</i> 11:45 <b>Women's Luncheon, AR</b> 1:00 <i>Bingo, LG</i> 2:30 SRJC Presents, Living History with Steve, AR 4:00 <b>Social Harmonies with Preston &amp; Gary, LG</b> 6:15 <i>I Love Lucy, AR</i></p>	<p>9:15 Chair Yoga with Karen, AR * 18 9:30 <i>Needlecrafters, LB</i> 10:30 <b>Brain Crunches with Josue, AR</b> 1:00 <b>Aging Gracefully: Continuum Care on Music Therapy &amp; Virtual Reality, AR</b> 2:30 <b>Balance Class, AR</b> 3:45 <i>Music with Vicki, LG</i> 6:15 <i>Ken Burns: Jazz, AR</i></p>	<p><b>GOOD FRIDAY</b> 19 <b>PASSOVER BEGINS AT SUNSET</b> 9:15 Stretch &amp; Strengthen, AR * 9:15 <b>Scenic Drive</b> 10:00 <b>Wii Bowling, LG</b> 10:30 <b>Michael's Coffee Hour, B</b> 1:15 <b>Safeway/Banking Trip</b> 1:30 <b>Chef's Table, AR</b> 2:00 <i>Programs Meeting, AR</i> 2:45 <i>Wii Bowling, LG</i> 4:00 <b>Social Hour, LG</b> 6:00 <b>Joan on Piano, LG</b></p>	<p>10:00 Catholic Communion 20 10:30 <i>Bocce Ball, AR</i> 1:00 <i>Bingo, LG</i> 2:30 <i>Kings in the Corner with Barrett, AR</i> 4:00 <b>Social Hour, LG</b> 6:15 <i>Saturday Evening Movie, AR</i></p>
<p><b>EASTER SUNDAY</b> 21 8:30 Church Service Transportation, L 10:30 <i>Bocce Ball, AR</i> 1:00 <i>UNO Attack with Barrett, AR</i> 1:15 <i>Bridge, LB</i> 2:15 <i>Sunday Matinee, AR</i> 2:30 <i>Bean Bag Baseball, LG</i> 6:00 <b>Rummikub with Lu, LG</b> 6:15 <i>Sunday Cinema, AR</i></p>	<p><b>EARTH DAY</b> 22 <b>CAMP DAY SPIRIT DAY</b> 9:15 <b>The Plaza North Shopping</b> 9:30 <i>Creative Arts with Deborah, AR</i> 1:00 Stretch &amp; Strengthen, AR * 1:15 <b>Kohl's &amp; Leghorn Market Trip</b> 2:00 <b>Blackjack, AR</b> 3:05 <i>Bocce Ball, AR</i> 4:00 <b>TRIVIA SOCIAL HOUR, LG</b> 6:15 <i>Musical Mondays, AR</i></p>	<p>9:15 Stretch &amp; Strengthen, AR * 23 10:30 <i>Spanish with Josue, AR</i> 1:15 <b>Current Events, AR</b> 2:30 <b>Balance Class, AR</b> 3:30 <b>Readers' Theater with Susan Sikora, AR</b> 6:15 <i>Independent Games, AR</i></p>	<p>9:15 Stretch &amp; Strengthen, AR * 24 10:30 <i>Bocce Ball, AR</i> 1:00 <i>Bingo, LG</i> 2:30 SRJC Presents, Living History with Steve, AR 4:00 <b>Meet &amp; Greet Social Hour, LG</b> 6:15 <i>I Love Lucy, AR</i></p>	<p>9:15 Chair Yoga with Karen, AR * 25 9:30 <i>Needlecrafters, LB</i> 10:30 <b>Brain Crunches with Josue, AR</b> 11:30 <b>Getting to Know You Lunch, DR</b> 1:15 <b>RESIDENT TOWN HALL MEETING, LG</b> 2:30 <b>Balance Class, AR</b> 3:45 <i>Music with Vicki, LG</i> 3:45 <b>Rita &amp; The Cosmos, LG</b> 6:15 <i>Ken Burns: Jazz, AR</i></p>	<p>9:15 Stretch &amp; Strengthen, AR * 26 9:15 <b>Scenic Drive</b> 10:00 <b>Wii Bowling, LG</b> 10:00 <b>Smart Train Ride to Santa Rosa for Lunch at Omelet Express</b> 10:30 <b>Michael's Coffee Hour, B</b> 1:30 <i>Spiritual Discussion Group with Shelly, AR</i> 2:45 <i>Wii Bowling, LG</i> 4:00 <b>Karaoke Social Hour with Joel, LG</b> 6:15 <i>Friday Flick, AR</i></p>	<p>10:00 Catholic Communion 27 10:00 <b>BUTTER &amp; EGGS PARADE</b> 10:30 <i>Bocce Ball, AR</i> 1:00 <i>Bingo, LG</i> 2:30 <i>Kings in the Corner with Barrett, AR</i> 4:00 <b>Social Hour, LG</b> 6:15 <i>Saturday Evening Movie, AR</i></p>
<p>8:30 Church Service Transportation, L 28 10:30 <i>Bocce Ball, AR</i> 1:00 <b>To Kill a Mocking Bird at 6th Street Playhouse</b> 1:15 <i>Bridge, LB</i> 2:15 <i>Sunday Matinee, AR</i> 2:30 <b>Wii Bowling, LG</b> 6:00 <b>Rummikub with Lu, LG</b> 6:15 <i>Sunday Cinema, AR</i></p>	<p>9:15 <b>The Plaza North Shopping</b> 29 9:30 <i>Creative Arts with Deborah, AR</i> 1:00 Stretch &amp; Strengthen, AR * 2:00 <b>Blackjack, AR</b> 3:05 <i>Bocce Ball, AR</i> 4:00 <b>TRIVIA SOCIAL HOUR, LG</b> 6:15 <i>Musical Mondays, AR</i></p>	<p>9:15 Stretch &amp; Strengthen, AR * 30 10:30 <i>Spanish with Josue, AR</i> 1:15 <b>Current Events, AR</b> 2:30 <b>Balance Class, AR</b> 3:30 <b>Readers' Theater with Susan Sikora, AR</b> 6:15 <i>Independent Games, AR</i></p>	<p><b>Birthdays</b> Helen Winkler, 2nd Barrett Schultz, 8th (Employee) Miatta Verpon, 9th (Employee) Josue Lopez Torres, 9th (Employee) Stacy Vermeulen, 13th (Employee) Earylne Moran, 14th Jane Kirby, 17th</p>		<p>Berkeley Johnson, 23rd Terry Sweetland, 23rd Jose Flores, 26th (Employee) Amelia Zekonis, 29th</p>	
<p><b>Transportation</b> Monday, 1:15-3:30 p.m.: Kohl's/Leghorn Market (2nd &amp; 4th) Monday, 1:15-3:30 p.m.: Target/Whole Foods (1st &amp; 3rd) Monday, 9:15-11:15 a.m.: The Plaza North Tuesday, 9-11:30 a.m.: Marin Medical Appointments</p>				<p>Tuesday, 1:15-4 p.m.: Local Medical Appointments Wednesday, 9-11:30 a.m. &amp; 1:15-3:30 p.m.: Local Medical Appointments Thursday, 1:15-4 p.m.: Local Medical Appointments Thursday, 9-11:30 a.m.: Santa Rosa Medical Appointments Friday, 1:15-3:30 p.m.: Safeway/ Banking (1st &amp; 3rd) Sunday, 8:30-11 a.m.: Church Service Transportation</p>		

# Employee Spotlight: Joel Bruno

**Name:** Joel Bruno

**Years held at position:** 16  
1/2 Years

**Position:** Plant  
Operations Supervisor

**Bio:**

I was born in San Mateo, Calif. I grew up in South San Francisco with my parents, Ed and Wanda Bruno, and two older brothers. I completed my education locally and began my professional career in 1976 as a draftsman. This got me into architecture and construction in 1978, and I did many projects with different firms up until 2001. I got married in 2001 and have two daughters.

**What motivates you?**

Responsibilities and challenges in pursuit of using all of my abilities to get things done motivates me here at Springfield Place and outside of here.

**What do you like the most about your job?**

There's never a dull moment. From the operations of the building and grounds and the work of staff, to the needs of the residents and the community as a whole, coming to work here five days a week keeps all of us critically thinking about what's best for Springfield Place.

**If you can travel anywhere in the world, where and why?**

When I was growing up, my father worked for United Airlines at their main maintenance base in San Bruno, Calif. We always flew around

the country every summer to great cities and states. I was in Italy in 1990, but I want to go back there and see places I didn't see then.

**Something special about yourself our residents don't know?**

I started working at Springfield Place in October 2002. I'm the second longest working staff member here; Lillian Kitavi being the longest. In March 2017 when D.J. Rob was here doing karaoke, Vicki asked me to sing a song. Only a few people over all those years working here knew I had a musical background.

**Message to the residents:**

Over the years, in some ways, I have put the residents' needs ahead of my own personal family's wants and needs. Residents do become like family to us staff members, and that will never change.



Joel Bruno

## Last of The February Fitness

Great job, everyone! Staying active is so important! Thanks again for your participation! Do not wait for next February, stay active all year round!



Fitness Frenzy Line Dancing!



Rocky Routine!



Y-M-C-A during lunch!



Staff Walk



Bring Sally up! Bring Sally down!

### SPRINGFIELD PLACE

LIVING BETTER THAN EVER

101 Ely Boulevard South  
Petaluma, CA 94954  
707.769.3300

### Staff

**General Manager**

Michael Parros

**Sales Advisors**

Stacy Vermeulen,  
Vicki Olivas-Navarro

**Chef**

Gerry Castro

**Dining Room Supervisor**

Sabrina Corral

**Health and Wellness Director**

Sonia Ferguson

**Health and Wellness Assistant Director**

Erin McCulloch

**Bookkeeper**

Laura Svindal

**Administrative Assistant**

Amanda Yanez

**Programs Director**

Josue Lopez Torres

**PrimeFit Instructor**

Vicki Olivas-Navarro

**Housekeeping Supervisor**

Mandalynn Summerfield

**Plant Operations Supervisor**

Joel Bruno

## 2019 Destinations

Alaska Cruise | July 27–August 3

Las Vegas | September 30–October 4

Bermuda Cruise | October 20–27

For more information,  
or to book your getaway, contact:  
Carol Dennis at 1-888-468-2010



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