

livfun

The Cottages at
DARTMOUTH VILLAGE

MAY 2019 • BLOSSOM AND BLOOM

Happy May, Everyone!

May is my absolute favorite month of the entire year. The birds are singing, the flowers are blooming, and the world is starting to thaw out after the long winter months. It really does not get much better than that for me. I hope you are all enjoying spring just as much as I am.

Now that I have been in my new role for two months, I wanted to tell you a little bit about who I am, not so much about what I do.

My husband, James, and I will be married 19 years this month. We have two amazing sons. My oldest, Legion, is 21 and is currently living in Hawaii. He is working on a cruise ship and enjoying every second of it. My youngest, Aidan, is 15 and is a freshman at Dartmouth High School. He plays tuba in the high school marching band, which keeps all of us very busy throughout the year.

We love spending time together, going to the movies, taking a walk in the woods, camping in the mountains, or sitting on the beach. Our most favorite thing to do is go on vacation. That usually consists of us getting on a cruise ship and heading to somewhere with palm trees and sunshine. I love the memories that we have made and I will cherish them forever.

I look forward to spending an awesome summer and making wonderful memories with all of you!

With Regards,
Ann



The History of Memorial Day

Observed with ceremonies and parades, Memorial Day honors the men and women who gave their lives while serving in the U.S. military.

After the Civil War ended in 1865, people in various cities began decorating the graves of fallen soldiers with flowers, flags and wreaths. This inspired Maj. Gen. John A. Logan, the head of a veterans organization, to designate May 30, 1868, as Decoration Day, a national day of remembrance. It's believed that date was chosen because it didn't fall on the anniversary of any battle, and spring flowers would be in bloom all over the country.

On that first Decoration Day, a large ceremony was held at Arlington National Cemetery in Washington, D.C. Officials gave speeches, and more than 5,000 people placed small American flags on the graves of 20,000 Civil War soldiers.

After World War I, Decoration Day was expanded to honor fallen soldiers from all wars. An act of Congress officially renamed it Memorial Day in 1967, and one year later, a public law made it a federal holiday to be celebrated on the last Monday in May.



Mother's Day

Celebrate Mother's Day with us Sunday, May 12, at 2:30 p.m., in the Community Center with Billy Couto performing.

"Grandma"

While we honor all our mothers
with words of love and praise.
While we tell about
their goodness
and their kind and loving ways.
We should also think of Grandma,
she's a mother too, you see ...
For she mothered my dear mother
as my mother mothers me.



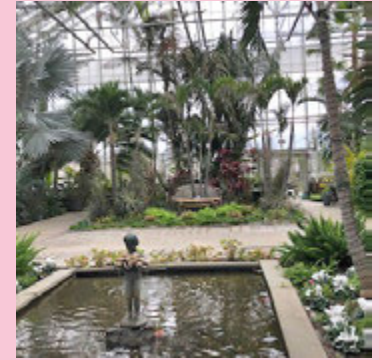
— Anonymous

Happy Mother's Day to all our moms!

The Botanical Gardens: A Tropical Paradise

The Roger Williams Botanical Center is located in Historic Roger Williams Park, in Providence, R.I. The Park was designed in 1878 by landscape architect Horace Cleveland and is listed on the National Register of Historic Places. The Botanical Center was built in 2007 and with 23,000 square feet of greenhouse space, it is the largest indoor garden display in New England.

We recently enjoyed a visit to the Botanical Gardens and had a picnic lunch among the beautiful tropical flowers and lush plants.



The Cottages in Bloom

Residents, Families and Friends,

Join us for a Plant Sale and Gardening Day at Dartmouth Village

Friday, May 24, 12-4 p.m., in the Courtyard

It's that time of the year to plant our gardens. A local gardener from Lawrence Greenhouse will be here with a variety of plants and flowers for purchase.

A portion of the sales will benefit the Alzheimer's Association.

A barbecue lunch will be served and a Gardening Workshop will be offered.



Family Support Group

The Cottages at Dartmouth Village offers a monthly support group for family and friends of someone with memory loss. Caregivers can ask questions, get advice, and learn what to expect and how to help a loved one.

The group meets the last Monday of every month, at 4 p.m. Due to the Memorial Day holiday, we will meet on Monday, May 20. All are welcome! Please contact our Opal Manager, Anne Murphy, for additional information.

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"someday"
today.

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THE COTTAGES AT DARTMOUTH VILLAGE

A LEISURE CARE ASSISTED LIVING & MEMORY CARE COMMUNITY

274 Slocum Road
North Dartmouth, MA 02747
508.999.0404

Staff

General Manager
Jodi Joubert

Assistant General Manager
Ann LaMere

Community Sales Manager
Cheryl Lorantos

Chef
Angela Pina

Health and Wellness Director
Sonja Costa

**Health and Wellness
Coordinator**
Amy Pacheco


**Memory Care Program
Manager**
Anne Murphy

Office Manager
Maria Martins

Program Supervisor
Claudia Parascandolo

Plant Operations Supervisor
Robert Warwell

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Transportation Monday, 2-4 p.m.: Local Shopping/ Errands Monday, 6 p.m.: Scenic Ride After Dinner Tuesday, 9 a.m.-5 p.m.: Doctor Appointment Transportation Sunday, 8:30 a.m.-12 p.m.: St. Julie's Church & Grace Episcopal Church</p>	<p>Locations All Cottages, ALC Aspen Cottage, AC Birch Cottage, BC Cedar Cottage, CdC Community Center, CC Courtyard, C</p>	<p>Refer To "Daily Program Schedule" For Location, DPS Reservations Required, RR</p>	<p>MAY DAY 1 10:00 Strength Training, CdC 10:30 Brain Fit, CdC 11:00 Food Forum, CC 12:00 Birthday Luncheon, CC 2:30 Catholic Mass, CdC 3:00 Penny Ante, BC 6:30 Rummikub, CdC</p>	<p>2 10:00 Yoga & Tai Chi, BC 10:30 Rosary & Communion, BC 10:30 Visits with Mazie, ALC 11:30 Lunch Trip to Riccardi's, RR 2:00 Group Crossword, AC 3:30 Kazoo Chorus, AC</p>	<p>3 10:00 Strength Training, CdC 10:30 Brain Fit, CdC 11:00 Hello Neighbor, ALC 1:30 Nail Polishing, AC 2:30 Musical Connections, CC 3:30 Happy Hour, CC</p>	<p>4 10:00 Stretch & Flex, AC 10:30 Trivia, AC 11:00 Hello Neighbor 2:00 Kentucky Derby, CC 3:00 Documentary, CC 6:30 Rummikub, BC</p>
<p>5 10:00 Morning Stretch, CC 10:30 Coffee & Conversation, CC 2:00 "Family Feud", CC 3:00 Afternoon Movie, CC 6:30 4 Kings in a Corner, BC</p>	<p>6 10:00 Strength Training, BC 10:30 Word Game, BC 11:00 Hello Neighbor, CdC 2:00 Art Class, AC 3:30 Community Service Project, BC 6:00 Scenic Ride, RR</p>	<p>7 10:00 Yoga & Tai Chi, AC 10:30 Word in a Word, AC 11:00 Hello Neighbor, ALC 1:30 Walking Club 2:30 Resident Council Meeting, CC 3:30 Happy Hour with Entertainment by Tom Sullivan, CC</p>	<p>8 10:00 Strength Training, CdC 10:30 Brain Fit, CdC 11:00 Food Forum, CC 3:00 Penny Ante, AC 4:00 Reader's Theater, BC 6:30 Rummikub, CdC</p>	<p>9 10:00 Yoga & Tai Chi, BC 10:30 Rosary & Communion, BC 10:30 Visits with Mazie, ALC 1:00 Out to the Movies, RR 2:00 Group Crossword, AC 3:30 Kazoo Chorus, AC</p>	<p>10 10:00 Strength Training, CdC 10:30 Brain Fit, CdC 11:00 Hello Neighbor, ALC 1:30 Nail Polishing, BC 2:30 Musical Connections, CC 3:30 Happy Hour, CC</p>	<p>11 10:00 Stretch & Flex, AC 10:30 Trivia, AC 11:00 Hello Neighbor 2:00 Bingo, CC 3:00 Famous Moms, CC 6:30 Rummikub, AC</p>
<p>MOTHER'S DAY 12 10:00 Morning Stretch, CC 10:30 Coffee & Conversation, CC 2:30 Mother's Day Celebration Billy Couto Performing, CC 3:30 Afternoon Movie, CC 6:30 4 Kings in a Corner, BC</p>	<p>13 10:00 Strength Training, BC 10:30 Word Game, BC 11:00 Hello Neighbor, CdC 2:00 Art Class, AC 3:30 Community Service Project, BC 6:00 Scenic Ride, RR</p>	<p>14 10:00 Yoga & Tai Chi, AC 10:30 Word in a Word, AC 11:00 Hello Neighbor, ALC 1:30 Walking Club 2:00 Wellness Talk with Sonja, CC 3:30 Happy Hour, CC</p>	<p>15 10:00 Strength Training, CdC 10:30 Brain Fit, CdC 11:00 Food Forum, CC 3:00 In the Spotlight, BC 4:00 Reader's Theater, BC 6:30 Rummikub, CdC</p>	<p>16 10:00 Yoga & Tai Chi, BC 10:00 Sunrise Bakery, RR 10:30 Rosary & Communion, BC 10:30 Visits with Mazie, ALC 2:00 Penny Ante, AC 3:30 Kazoo Chorus, AC</p>	<p>17 10:00 Strength Training, CdC 10:30 Brain Fit, CdC 11:00 Hello Neighbor, ALC 1:30 Nail Polishing, CdC 2:30 Musical Connections, CC 3:30 Happy Hour, CC</p>	<p>18 10:00 Stretch & Flex, AC 10:30 Trivia, AC 11:00 Hello Neighbor 2:00 Bingo, CC 3:00 Armed Forces Day, CC 6:30 Rummikub, CdC</p>
<p>19 10:00 Morning Stretch, CC 10:30 Coffee & Conversation, CC 2:00 Tony & Pat Performing, CC 3:00 Afternoon Movie & Popcorn, CC 6:30 4 Kings in a Corner, BC</p>	<p>20 10:00 Strength Training, BC 10:30 Word Game, BC 11:00 Hello Neighbor, CdC 2:00 Art Class, AC 3:30 Community Service Project, BC 6:00 Scenic Ride, RR</p>	<p>21 10:00 Yoga & Tai Chi, AC 10:30 Word in a Word, AC 11:00 Hello Neighbor, ALC 1:30 Walking Club 2:00 Uno 3:30 Happy Hour, CC</p>	<p>22 10:00 Strength Training, CdC 10:30 Brain Fit, CdC 11:00 Food Forum, CC 2:00 Penny Ante, CdC 3:30 Reader's Theater, BC 6:30 Rummikub, CdC</p>	<p>23 10:00 Yoga & Tai Chi, BC 10:30 Rosary & Communion, BC 10:30 Visits with Mazie, ALC 11:30 Lunch at Lindsey's, RR 2:00 Group Crossword, AC 3:30 Kazoo Chorus, AC</p>	<p>24 10:00 Strength Training, CdC 10:30 Brain Fit, CdC 11:00 Hello Neighbor, ALC 2:00 Community Planting Day, C 3:30 Happy Hour, C</p>	<p>25 10:00 Stretch & Flex, AC 10:30 Trivia, AC 11:00 Hello Neighbor 2:00 Bingo, CC 3:00 Memorial Day Reflection, CC 6:30 Rummikub, BC</p>
<p>26 10:00 Morning Stretch, CC 10:30 Coffee & Conversation, CC 2:00 Penny Ante, CC 3:00 Afternoon Movie & Popcorn, CC 6:30 4 Kings in a Corner, BC</p>	<p>MEMORIAL DAY 27 10:00 Strength Training, BC 10:30 Word Game, BC 11:00 Hello Neighbor, CdC 2:00 Art Class, AC 2:00 Memorial Day Gathering with Gary Farias, CC 3:30 Community Service Project, BC 6:00 Scenic Ride, RR</p>	<p>28 10:00 Yoga & Tai Chi, AC 10:30 Word in a Word, AC 11:00 Hello Neighbor, ALC 1:30 Walking Club 2:00 Program Meeting, CC 3:30 Welcome Wine & Cheese, CC</p>	<p>29 10:00 Strength Training, CdC 10:30 Brain Fit, CdC 11:00 Food Forum, CC 2:00 Uno Card Game, BC 3:30 S'mores at the Fire Pit, C 6:30 Rummikub, CdC</p>	<p>30 9:30 Paw Sox Game, RR 10:00 Yoga & Tai Chi, BC 10:30 Rosary & Communion, BC 10:30 Visits with Mazie, ALC 2:00 Group Crossword, AC 3:30 Kazoo Chorus, AC</p>	<p>31 10:00 Strength Training, CdC 10:30 Brain Fit, CdC 11:00 Hello Neighbor, ALC 1:30 Nail Polishing, BC 2:30 Musical Connections, CC 3:30 Happy Hour, CC</p>	<p>Birthdays Halsey Herreshoff, 17th Phyllis Croteau, 26th Frances Lyons, 26th</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>Locations All Opal Cottages, All Birch Cottage, BC Cedar Cottage, CC Community Center, ComCen Courtyard/Patios, C/P Dogwood Cottage, DC Elm Cottage, EC Fir Cottage, FC</p>	<p>opal key</p> <ul style="list-style-type: none"> Physical Social Experiential Emotional & Spiritual Creative & Artistic Therapeutic Sensory 	<p>MAY DAY</p> <p>9:30 ● Walking Groups, C/P 10:00 ● Fort Tabor Trip 11:00 ● Celebrate May Day, All 1:30 ● Mexican Flower Art, All 2:00 ● Scenic Coastal Ride, All 2:30 ● CATHOLIC MASS WITH FR. ROY, CC 3:15 ● Know Your Neighbor, All 4:00 ● Categories, DC 6:30 ● Arm Chair Travels, All</p>	<p>9:30 ● Hair Salon Today, DC 10:00 ● Walking Groups, C/P 10:30 ● Communion & Rosary, BC 11:00 ● Easy Does It Trivia, All 2:00 ● Staff Spotlight, FC 3:30 ● Floral Centerpieces, EC 4:00 ● Kick, Catch, Throw, All 6:30 ● Comedy Classics, All</p>	<p>10:00 ● Morning Stretch, All 10:30 ● Run for the Roses Game, DC 11:00 ● Color & Conversation, All 1:30 ● Helping Hands, All 2:00 ● Walking Groups, C/P 2:30 ● Musical Connections, ComCen 4:00 ● Hand & Nail Spa, All 6:30 ● Weekend Weather, All</p>	<p>10:00 ● Stay Strong, All 10:30 ● Lucy the Labrador Visits, All 11:00 ● Derby Fashions, EC 1:30 ● Patio Pals, C/P 2:00 ● From Scratch – Mint Lemonade, FC 2:30 ● Live – Kentucky Derby, All 4:00 ● Singalong with Karen, FC 6:30 ● Sea Biscuit to Secretariat, All</p>
<p>10:00 ● Stay Strong, All 10:30 ● News & Views, ComCen 11:00 ● Catholic Mass, All 1:30 ● Sort It Out, EC 2:00 ● Pineapple Salsa, FC 3:00 ● Afternoon Strolls, C/P 3:30 ● Fiesta!, All 6:30 ● Listener's Choice, All</p>	<p>10:00 ● Morning Stretch, All 10:30 ● A"May"zing, DC 11:00 ● Ways with Words, FC 1:30 ● Bingo, DC 2:00 ● Monday Matinee, FC 3:15 ● Nail Spa, All 4:00 ● Aim & Toss, C/P 6:30 ● Red Sox Nation, All</p>	<p>10:00 ● Move to the Music, All 10:30 ● Name Ten, All 11:00 ● Shapes & Sizes, EC 1:30 ● Courtyard Stroll, C/P 2:00 ● Dave Manuel on Keyboard, EC 3:00 ● Men's Club, FC 6:30 ● Rest & Relaxation, All</p>	<p>9:30 ● Walking Groups, C/P 10:00 ● Rainbow Scarves, EC 11:00 ● Puzzle Time, All 11:30 ● Lunch Out 99 Pub 1:30 ● Patio Pals, C/P 2:00 ● Fir Alley Bowling, FC 4:00 ● Name That Tune, All 6:30 ● Today in History, All</p>	<p>9:30 ● Hair Salon Today, DC 10:00 ● Russel Mills Park 10:30 ● Communion & Rosary, BC 11:00 ● Move to the Music, All 1:30 ● Scenic Dartmouth Drive, DC 2:00 ● Spring Door Decor, EC 3:30 ● My Mama Always Told Me, FC 6:30 ● Patio Pals, All</p>	<p>10:00 ● Morning Stretch, All 11:00 ● Biblical Women Presentation, FC 1:30 ● Helping Hands, All 2:00 ● Suit Up/Card Games, All 2:30 ● Musical Connections, ComCen 3:15 ● Cottage Bowl, DC 4:00 ● Hand & Nail Spa, All 6:30 ● Popcorn & a Movie, DC</p>	<p>10:00 ● Stay Strong, All 10:30 ● Rhymes with ..., All 11:00 ● Erma Bombeck When God Created Mothers, DC 1:30 ● Feed the Birds, C/P 2:00 ● Outburst, FC 3:15 ● Iced Tea Social, All 4:00 ● Sing with Karen, DC 6:30 ● Movie Classics, All</p>
<p>MOTHER'S DAY 10:00 ● Morning Stretch, All 10:30 ● Mother's Day Coffee Hour, All 11:00 ● Catholic Mass, All 1:30 ● Helping Hands, All 2:00 ● Reminisce, All 2:30 ● Billy Couto Mother's Day Show, ComCen 4:00 ● Best of Broadway, All 6:30 ● Hand Massage, All</p>	<p>10:00 ● Morning Stretch, All 10:30 ● Aim & Toss, All 11:00 ● Ways with Words, All 1:30 ● Bingo, DC 3:15 ● Manicures & Magazines, All 4:00 ● Charades, All 4:00 ● Comedy Classics, FC 6:30 ● Facebook Friends, All</p>	<p>10:00 ● Move to the Music, All 10:30 ● You Be the Judge, All 11:00 ● Resident Council, FC 1:30 ● Kitchen Creations, FC 2:00 ● Painting with Christine, DC 3:00 ● Men's Club, FC 4:00 ● Name Ten, All 6:30 ● Rest & Relaxation, All</p>	<p>9:30 ● Walking Groups, C/P 10:00 ● Silver Hill Beach 10:30 ● Animal Planet, EC 11:00 ● Octoband, C/P 2:00 ● Soft Sculptures, EC 3:15 ● Tony Martin Entertains Today, All 4:00 ● Categories, DC 6:30 ● Evening on the Patios, All</p>	<p>9:30 ● Hair Salon Today, DC 10:00 ● Move to the Music, All 10:30 ● Communion & Rosary, BC 11:00 ● Sharpen Your Pencils, All 1:30 ● Out for Ice Cream 2:00 ● May Flower Bouquets, EC 3:15 ● Make Me Laugh, DC 6:30 ● Easy Listening, All</p>	<p>10:00 ● Morning Stretch, All 10:30 ● Red Sox Nation, DC 11:00 ● Ask Ann – Visit with Our GM, DC 1:30 ● Courtyard Helpers, All 2:30 ● Musical Connections, ComCen 3:15 ● Porch Parties, C/P 4:00 ● Hand & Nail Spa, All 6:30 ● Around the World, All</p>	<p>10:00 ● Stay Strong, All 10:30 ● Lucy the Labrador Visits, All 11:00 ● Missing Lines, DC 1:30 ● Walking Groups, C/P 2:00 ● Remote Car Races, FC 3:15 ● Hot Pretzels, All 4:00 ● Sing with Karen, EC 6:30 ● Evening on the Porches, C/P</p>
<p>10:00 ● Stay Strong, All 10:30 ● News & Views, ComCen 11:00 ● Catholic Mass, All 1:30 ● Dessert Al Fresco, C/P 2:00 ● Quilt Squares, DC 3:15 ● Fir Alley Bowling, FC 4:00 ● Fabulous '50s, All 6:30 ● Funniest Videos, All</p>	<p>10:00 ● Morning Stretch, All 10:30 ● Ways with Words, All 11:00 ● Corn Hole Toss, C/P 1:30 ● Bingo, DC 2:00 ● Monday Matinee, FC 3:15 ● Nail Spa, All 4:00 ● Family Support Group, ComCen 6:30 ● Summer Songs, All</p>	<p>10:00 ● Move to the Music, All 10:30 ● Garden Stroll, C/P 11:00 ● Crossword Clues, FC 1:30 ● Very Very Berry, DC 2:00 ● Painting with Christine, DC 3:00 ● Men's Club, FC 4:00 ● Know Your Neighbor, All 6:30 ● Rest & Relaxation, All</p>	<p>9:30 ● Walking Groups, C/P 10:00 ● Russel Mills Park 10:30 ● Tap It Out, EC 11:00 ● Puzzle Time, All 1:30 ● Dartmouth Animal Shelter 2:00 ● Fir Alley Bowling, FC 4:00 ● Charades, All 6:30 ● Know Your Neighbor, All</p>	<p>9:30 ● Hair Salon Today, DC 10:00 ● Move to the Music, All 10:30 ● Communion & Rosary, BC 11:00 ● American Artists, DC 1:30 ● Garden Walk & Talk, All 3:15 ● Fruit Smoothies, FC 4:00 ● A Little Bit Country, All 6:30 ● Jokes & Riddles, All</p>	<p>10:00 ● Morning Stretch, All 10:30 ● Garden Box, EC 11:00 ● Indoor Herbs, All 1:30 ● Outdoor Projects, C/P 2:00 ● Community Planting Day, C/P 3:15 ● Porch Socials, All 4:00 ● Hand & Nail Spa, All 6:30 ● Simply Sinatra, All</p>	<p>10:00 ● Stay Strong, All 10:30 ● Rhymes with ..., All 11:00 ● Water & Weed, C/P 1:30 ● American History, FC 2:00 ● Memorial Day Decor, All 3:15 ● Popsicles on the Porch, All 4:00 ● Patriotic Singalong, EC 6:30 ● Popcorn & Movie Night, All</p>
<p>10:00 ● Morning Stretch, All 10:30 ● Coffee & Conversation, ComCen 11:00 ● Catholic Mass, All 1:30 ● Helping Hands, All 2:00 ● Flag Centerpieces, All 3:15 ● Walking Groups, All 4:00 ● Neil Diamond Hour, All 6:30 ● America the Beautiful, All</p>	<p>MEMORIAL DAY 10:00 ● Morning Stretch, All 10:30 ● In Flanders Field, FC 11:00 ● Salute to Soldiers, All 12:00 ● INDOOR BARBEQUE 2:00 ● Memorial Day Celebration with Gary Farias, ComCen 3:15 ● Manicures & Magazines, All 4:00 ● Comedy Classics, FC 6:30 ● Patio Pals, C/P</p>	<p>10:00 ● Move to the Music, All 10:30 ● Checker Champs, FC 11:00 ● Soft Sensations, EC 1:30 ● Kitchen Creations, FC 2:00 ● Painting with Christine, DC 3:00 ● Men's Club, FC 4:00 ● My Two Cents, DC 6:30 ● Rest & Relaxation, All</p>	<p>9:30 ● Walking Groups, C/P 10:00 ● South Coast Scenic Ride 10:30 ● Kinetic Sand Sculptures, EC 11:00 ● Reminisce Beaches, DC 1:30 ● Clarks Point Creamery 2:00 ● Octoband, C/P 3:15 ● Ice Cream Cart, All 6:30 ● Soundtracks, All</p>	<p>9:30 ● Hair Salon Today, DC 10:30 ● Communion & Rosary, BC 11:00 ● Finish the Line, DC 1:30 ● Cottage to Cottage, All 2:00 ● Patio Splash Art, EC 3:15 ● Guess Again, FC 4:00 ● Simple Stretches, All 6:30 ● Viewer's Choice, All</p>	<p>10:00 ● Morning Stretch, All 10:30 ● Name Ten, All 11:00 ● News & Views, DC 1:30 ● Walking Groups, C/P 2:00 ● Colorful Creations, EC 2:30 ● Musical Connections, ComCen 4:00 ● Hand & Nail Spa, All 6:30 ● Rest & Relax, All</p>	<p>Birthday John Ventura, 6th</p> 