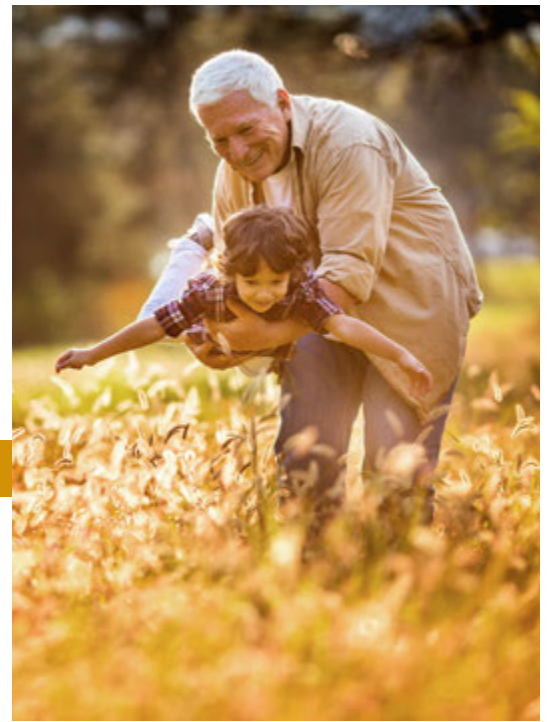


# livfun

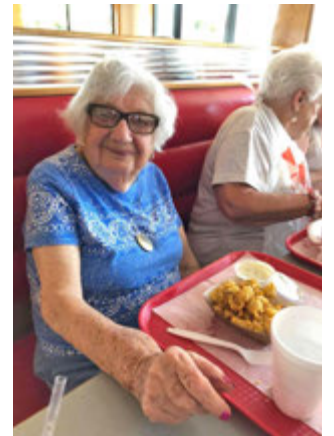
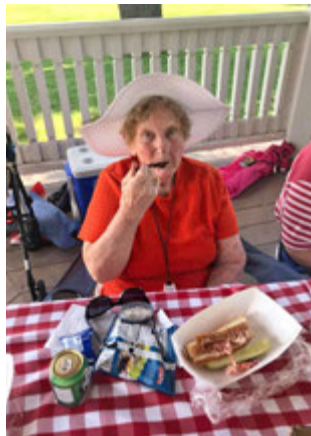
The Linden  
AT DEDHAM



SEPTEMBER 2019 • FALL INTO FUN

## Lobster, Anyone?

On a beautiful warm Wednesday, fourteen of us from the Traditional Community eagerly climbed aboard for a leisurely backroads ride to Plymouth and lunch at the Lobster Hut. The popular restaurant sits right on the waterfront, offering fantastic views of Plymouth's scenic harbor. We were so excited to enjoy our meals and smell the fresh, crisp saltwater air. Our luncheon venue is renowned for its delicious, fresh seafood, and our choices included lobster rolls, fish 'n chips, clam plates and scallop rolls! Last but not least, we decided we couldn't head back to Dedham without stopping at the infamous Plymouth Rock and taking a look for ourselves at a timeless piece of history! After such a great day, we decided we needed more lobster! So we all excitedly boarded the van to go to Endicott Estate Park to enjoy juicy lobster rolls, and the weather was perfect! The food was great, the place was beautiful, but the best part was the company we shared! We can't wait for our next adventure!



## 95 Years of Amazing Grace!

We spent a fun day celebrating "Amazing Grace!" This beautiful 95-year-old spent a few days celebrating with loved ones and all her friends that she's made at her home the past couple of years.

Everyone here at the Linden at Dedham wants to wish her one more time a very special Happy Birthday!



# Women's Brunch

We started off a hot summer day by having an amazing Women's Brunch! Residents enjoyed the morning having an elegant meal with some of their favorites. The Activities Room was transformed into a beautiful dining space, with gorgeous flowers as centerpieces. We indulged in a mimosa bar with choice of orange juice or pineapple juice, and a Bloody Mary bar with olives, celery sticks, and of course, hot sauce. For Chef Cath's first week, we'd have to say she knocked it out of the park! She had a chance to show her culinary skills by making on-the-spot poached eggs, warm Blueberry French Toast, crispy Home Fries, and to top it off, a delicious parfait! The next Women's Brunch will be in October. One thing is for certain, we can't wait to see what Chef has up her sleeve for next time!



## THE LINDEN AT DEDHAM

A LEISURE CARE ASSISTED LIVING & MEMORY CARE COMMUNITY

391 Common Street  
Dedham, MA 02026  
781.407.7711

### Staff

**General Manager**  
Danielle Wasnewsky

**Sales Manager**  
Steve Verdelli

**Sales Advisor**  
Patricia Sampson

**Executive Chef**  
Cathleen Toland

**Health and Wellness  
Director**  
Elaine Healy

**Memory Care  
Program Manager**  
Susan Stolpinski

**Office Manager**  
Jean Lodge

**Program Supervisor**  
Heather Payne

**Plant Operations**  
Derek Zemaitis

## Senior Spotlight!

Jack S. has been living at the Linden at Dedham for over three years now. He has certainly become a fixture here, as he helps the Activities Department whenever he can. Though Jack never had kids, he is certainly a family man who loves his family dearly. He grew up very close to his sister, Ann, and his amazing niece, Julia. Jack worked in the school system for over 40 years as a custodian, and found the job was very rewarding. He loved making the kids smile and enjoyed making them happy. Jack grew up in Plymouth, and loved walking the beach with friends and family. In Jack's spare time, you can catch him on our Third Floor playing cards, or walking around the building seeing if anyone needs help. Jack loves traveling, but his absolute favorite place that he went was Ireland.

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### Bermuda Cruise

October 20-27, 2019

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**TRAVEL** BY LEISURE CARE  
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p><b>1 LABOR DAY</b></p> <p>10:00 Televised Mass, MR 10:30 Posture Perfect, LR 10:30 Donut Sunday, LR <b>2:00 Book Club, AR</b> 3:00 Wine &amp; Cheese Social, LR 6:30 Dean Martin Show, MR</p>	<p><b>2</b></p> <p>2:30 Tools of the Trade, LR 10:15 Easy Aerobics, LR 10:45 Occupations: A to Z, LR 11:30 My Hilarious Job History, LR 1:45 Mid Summer Walkers 2:00 What's My Job?, LR 3:00 Virtual Tour: Boston Aquarium, MR 3:30 Prize Bingo, AR 6:30 Movie &amp; Popcorn, MR</p>	<p><b>3</b></p> <p>10:00 Forever Fit with Chris, LR 10:00 iPad Training 10:45 Healthy Smoothies &amp; Trivia, AR 11:30 Not Your Average Trivia with Pat, LR 2:00 Rolling Pin Club with Mel, AR <b>3:00 Bible Study, PDR</b> 3:30 Bingo, AR 6:30 Puzzlin' Puzzles, LR</p>	<p><b>4</b></p> <p><b>9:00 Blood Pressure Clinic, MR</b> 10:15 Long &amp; Strong, LR 10:45 Long Word Short Word, AR <b>11:30 LUNCH TRIP TO CHEESECAKE FACTORY</b> 2:00 Brain HQ, LR 3:00 Happy Hour Social, LR 3:30 Candy Bar Bingo, AR 6:30 Night at the Movies, MR</p>	<p><b>5</b></p> <p>10:15 Easy Weights, LR 11:00 Green Thumb Club 11:00 Singalong with Chris, LR <b>1:30 MINI GOLF TRIP</b> 2:00 What Passport 3:00 Giant Crosswords, AR 3:00 Cocktails &amp; Conversations, LR 3:30 Bingo, AR 6:30 Card Game with Friends, LR</p>	<p><b>6</b></p> <p>Rosetta Stone, MR <b>10:15 Televised Exercise Video, MR</b> 11:00 Communion &amp; Prayer, MR 11:00 Ted Talks, AR 11:30 Rosary, MR 12:00 Manicures, AR 1:45 Mid Summer Walkers <b>2:00 Music with Steve King, LR</b> 3:00 Movie Matinee, MR 3:30 Bingo, AR 6:30 Friday at the Movies, MR</p>	<p><b>7</b></p> <p>10:15 Sit &amp; Twist, LR 10:30 Pet Therapy, MC 11:00 Wii Games, MR 2:00 Holiday Craft Fair Meeting, MR 3:00 Word Games, AR 3:30 Bingo, AR 3:30 Movie Matinee, MR 6:30 Neighborhood Chat, LR</p>	
<p><b>8</b></p> <p><b>12:00 Grandparents Day Brunch</b> 10:00 Televised Mass, MR 10:30 Posture Perfect, LR 10:30 Donut Sunday, LR <b>2:00 Book Club, AR</b> 3:00 Wine &amp; Cheese Social, LR 6:30 Dean Martin Show, MR</p>	<p><b>9</b></p> <p><b>NATIONAL</b> 10:15 Easy Aerobics, LR <b>10:30 Kick-Off Party with Bill Burke, LR</b> 10:45 Kings in the Corner, LR 1:45 Mid Summer Walkers 2:00 Apple Slice Tasting Social, LR 3:00 Historical Event: Boston Public Gardens, MR 3:30 Prize Bingo, AR 6:30 Movie &amp; Popcorn, MR</p>	<p><b>10</b></p> <p><b>ASSISTED</b> 10:00 Yoga Class, LR 10:00 iPad Training 10:45 Healthy Smoothies &amp; Trivia, AR <b>11:00 Specialized Art Class, AR</b> <b>2:00 Community Meeting, LR</b> 3:00 Corn Cob Art, AR 3:30 Bingo, AR 6:30 Puzzlin' Puzzles, LR</p>	<p><b>11</b></p> <p><b>LIVING</b> <b>PATRIOT DAY</b> 10:15 Long &amp; Strong, LR 10:45 Long Word Short Word, AR 2:00 Brain HQ, LR <b>2:00 Linden Family Tree, AR</b> 3:00 Happy Hour Social, LR 3:30 Candy Bar Bingo, AR 6:30 Night at the Movies, MR</p>	<p><b>12</b></p> <p><b>WEEK</b> <b>9:30 TRIP TO THE SCIENCE MUSEUM &amp; DUCK TOUR</b> 11:00 Green Thumb Club 11:00 Singalong with Chris, LR <b>2:00 Frank King Presentation: Dean Martin, LR</b> 3:00 Giant Crosswords, AR 3:30 Bingo, AR 6:30 Card Game with Friends, LR</p>	<p><b>13</b></p> <p>Rosetta Stone, MR <b>10:15 Televised Exercise Video, MR</b> 11:00 Communion &amp; Prayer, MR 11:00 Ted Talks, AR 11:30 Rosary, MR 12:00 Manicures, AR 1:45 Mid Summer Walkers <b>2:00 Music by Swinging Standards, LR</b> 3:00 Rosetta Stone, MR 3:30 Bingo, AR 6:30 Friday at the Movies, MR</p>	<p><b>14</b></p> <p><b>WALK TO ALZHEIMER'S</b> 10:15 Sit &amp; Twist, LR 11:00 Wii Games, MR <b>2:00 Music with Gina O'Donahue, LR</b> 2:00 Holiday Craft Fair Meeting, MR 3:00 Word Games, AR 3:30 Bingo, AR 3:30 Movie Matinee, MR 6:30 Neighborhood Chat, LR</p>	
<p><b>15</b></p> <p>10:00 Televised Mass, MR 10:30 Posture Perfect, LR 10:30 Donut Sunday, LR <b>1:30 TRIP TO THE MOVIES</b> 3:00 Wine &amp; Cheese Social, LR 6:30 Dean Martin Show, MR</p>	<p><b>16</b></p> <p>10:15 Easy Aerobics, LR 10:45 Left Right Center, LR 11:30 Finishing Lines &amp; Lyrics, AR 1:45 Mid Summer Walkers 2:00 Friendly Letters, AR <b>2:00 Music with Charlie Kanelos, LR</b> 3:00 Historical Event: Fenway Park, MR 3:30 Prize Bingo, AR 6:30 Movie &amp; Popcorn, MR</p>	<p><b>17</b></p> <p>10:00 Forever Fit with Chris, LR 10:00 iPad Training 10:45 Healthy Smoothies &amp; Trivia, AR 2:00 Rolling Pin Club with Mel, AR <b>3:00 Bible Study, PDR</b> 3:30 Bingo, AR 6:30 Puzzlin' Puzzles, LR</p>	<p><b>18</b></p> <p><b>9:00 Blood Pressure Clinic, MR</b> 10:15 Long &amp; Strong, LR 10:45 Long Word Short Word, AR <b>11:00 APPLE PICKING &amp; LUNCH</b> 2:00 Brain HQ, LR <b>2:00 Menu Chat, AR</b> 3:00 Happy Hour Social, LR 3:30 Candy Bar Bingo, AR 6:30 Night at the Movies, MR</p>	<p><b>19</b></p> <p>10:15 Easy Weights, LR 11:00 Green Thumb Club 11:00 Singalong with Chris, LR <b>2:00 Music with Mike Dardis, LR</b> 3:00 Giant Crosswords, AR 3:00 Cocktails &amp; Conversations, LR 3:30 Bingo, AR 6:30 Card Game with Friends, LR</p>	<p><b>20</b></p> <p>Rosetta Stone, MR <b>10:15 Televised Exercise Video, MR</b> 11:00 Communion &amp; Prayer, MR 11:00 Ted Talks, AR 11:30 Rosary, MR 12:00 Manicures, AR 1:45 Mid Summer Walkers <b>2:00 Cooking Demo with Chef Cath, AR</b> 3:00 Rosetta Stone, MR 3:30 Bingo, AR 6:30 Friday at the Movies, MR</p>	<p><b>21</b></p> <p>10:15 Sit &amp; Twist, LR 11:00 Wii Games, MR 2:00 Holiday Craft Fair Meeting, MR 3:00 Word Games, AR 3:30 Bingo, AR 3:30 Movie Matinee, MR 6:30 Neighborhood Chat, LR</p>	
<p><b>22</b></p> <p>10:00 Televised Mass, MR 10:30 Posture Perfect, LR 10:30 Donut Sunday, LR <b>2:00 Book Club, AR</b> 3:00 Wine &amp; Cheese Social, LR 6:30 Dean Martin Show, MR</p>	<p><b>23</b></p> <p><b>AUTUMN BEGINS</b> 10:15 Easy Aerobics, LR 10:45 Kings in the Corner, LR 1:45 Mid Summer Walkers 2:00 Brown Apple Project, AR <b>2:00 Piano Tunes with Steve Lanzilotta, LR</b> 3:00 Virtual Tour: Boston Commons 3:30 Prize Bingo, AR 6:30 Movie &amp; Popcorn, MR</p>	<p><b>24</b></p> <p>10:00 Yoga Class, LR 10:00 iPad Training 10:45 Healthy Smoothies &amp; Trivia, AR <b>11:00 Specialized Art Class, AR</b> 2:00 Apple Dip Party, AR 3:00 Little White Lies, LR 3:30 Bingo, AR 6:30 Puzzlin' Puzzles, LR</p>	<p><b>25</b></p> <p>10:15 Long &amp; Strong, LR 10:45 Long Word Short Word, AR <b>11:30 LUNCH TRIP TO STONEFORGE GRILL</b> 2:00 Brain HQ, LR <b>2:30 TRIP TO PLASTER FUN TIME CERAMICS</b> 3:00 Happy Hour Social, LR 3:30 Candy Bar Bingo, AR 6:30 Night at the Movies, MR</p>	<p><b>26</b></p> <p>11:00 Green Thumb Club 11:00 Singalong with Chris, LR <b>2:00 Cooking Demo with Chef Cath</b> 3:00 Giant Crosswords, AR 3:30 Bingo, AR 6:30 Card Game with Friends, LR</p>	<p><b>27</b></p> <p>Rosetta Stone, MR <b>10:15 Televised Exercise Video, MR</b> 11:00 Communion &amp; Prayer, MR 11:00 Ted Talks, AR 11:30 Rosary, MR 12:00 Manicures, AR 1:45 Mid Summer Walkers <b>2:00 Cooking Demo with Chef Cath, AR</b> 3:00 Rosetta Stone, MR 3:30 Bingo, AR 6:30 Friday at the Movies, MR</p>	<p><b>28</b></p> <p>10:15 Sit &amp; Twist, LR 11:00 Wii Games, MR 2:00 Holiday Craft Fair Meeting, MR 3:00 Word Games, AR 3:30 Bingo, AR 3:30 Movie Matinee, MR 6:30 Neighborhood Chat, LR</p>	
<p><b>29</b></p> <p><b>ROSH HASHANAH BEGINS AT SUNSET</b> 10:00 Televised Mass, MR 10:30 Posture Perfect, LR 10:30 Donut Sunday, LR <b>2:00 Music with Tom Madden, LR</b> <b>2:00 Book Club, AR</b> 3:00 Wine &amp; Cheese Social, LR 6:30 Dean Martin Show, MR</p>	<p><b>30</b></p> <p>10:15 Easy Aerobics, LR 11:30 Finishing Lines &amp; Lyrics, AR 1:45 Mid Summer Walkers 2:00 Honey &amp; Biscuits Social, LR 3:00 Armchair Travel: Grand Canyon, MR 3:30 Prize Bingo, AR 6:30 Movie &amp; Popcorn, MR</p>	<p><b>Birthdays</b> Victorine Mballa-Ngono, 4th (Employee) LaDawna Douangsovath, 9th (Employee) Weslande Brignol Morose, 20th (Employee) Steven Verrdelli, 22nd (Employee) Brian Roche, 27th (Employee)</p>		<p><b>Locations</b> Activities Room, AR Country Kitchen, CK Dining Room, DR Living Room, LR Media Room, MR Memory Care, MC Patio, PAT Private Dining Room, PDR Sun Room, SR</p>		<p><b>Transportation</b> <b>Monday, 9 a.m.-1 p.m.:</b> Medical Appointments <b>Thursday, 10 a.m.:</b> Local Errands <b>Thursday, 9 a.m.-1 p.m.:</b> Medical Appointments <b>Sunday, 10:30 a.m.:</b> Worship Transportation</p>	<p><b>Service Anniversaries</b> Victorine Mballa Ngono, 9/4/2013 Cherilyn Dowd, 9/7/2018 Ivana Luc, 9/8/2015 Gloria Simon, 9/10/2013</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10:00 ● Televised Mass, LR</p> <p>10:45 ● PrimeFit Posture Perfect, LR</p> <p>11:15 ● Trivia on the Patio, CY</p> <p>1:30 ● Sort &amp; Separate, AR</p> <p>2:00 ● Color My World, AR</p> <p>3:00 ● Guess Whats in the Bag, LR</p> <p>3:30 ● Midsummer Walkers</p> <p>4:30 ● Manicures &amp; Music, LR</p> <p>6:30 ● Let's Explore the World, LR</p>	<p><b>LABOR DAY</b></p> <p>10:15 ● PrimeFit Easy Aerobics, LR</p> <p>10:45 ● Penny Ante, AR</p> <p>11:30 ● Trivia &amp; Music on the Patio, AR</p> <p>1:30 ● Household Tasks, AR</p> <p>2:00 ● Travel the World</p> <p>3:00 ● Dean Martin Show, LR</p> <p>3:30 ● Aromatherapy, AR</p> <p>4:30 ● Magazine Scavenger Hunt, AR</p> <p>6:30 ● Singalong, LR</p>	<p>10:00 ● <b>Yoga Class, AL</b></p> <p>10:45 ● Healthy Smoothies &amp; Dear Abbey, AL</p> <p>11:30 ● Where Are You?, LR</p> <p>1:30 ● Sort &amp; Separate, AR</p> <p>2:00 ● You Be the Judge!, AR</p> <p>3:00 ● California Eating, AR</p> <p>3:30 ● One on One Visits</p> <p>4:30 ● Adobe Chalk Art, LR</p> <p>6:30 ● Tuesday Nite Bingo, AR</p>	<p>10:15 ● PrimeFit Easy Weights, LR</p> <p>11:00 ● Long Word Short Word</p> <p>1:30 ● Household Tasks, AR</p> <p>2:00 ● Rolling Pin Club, DR</p> <p>3:00 ● Tea, Talk &amp; Trivia, AR</p> <p>3:30 ● Aromatherapy, AR</p> <p>4:30 ● Sun Strutters</p> <p>6:30 ● Hand Massages &amp; Music, LR</p>	<p>10:15 ● <b>Forever Fit with Chris, AL</b></p> <p>11:00 ● Singalong with Chris, AL</p> <p><b>11:45 ● LUNCH TRIP TO IHOP</b></p> <p>1:30 ● Sort &amp; Separate, AR</p> <p>2:00 ● Pencil Art, AR</p> <p>3:00 ● Stories of Dumb Criminals, AR</p> <p>3:00 ● Feel &amp; Find, AR</p> <p>3:30 ● One on One Visits</p> <p>4:30 ● Magazine Scavenger Hunt, AR</p> <p>6:30 ● Movie Night &amp; Popcorn, LR</p>	<p>10:45 ● PrimeFit Posture Perfect, LR</p> <p>11:00 ● Rosary/Prayer Communion, LR</p> <p>11:45 ● Mason Jar Scarecrow, AR</p> <p>1:30 ● Household Tasks, AR</p> <p>2:00 ● Bingo, AR</p> <p>3:00 ● Football Toss, LR</p> <p>3:30 ● Aromatherapy, AR</p> <p>4:30 ● Sun Strutters</p> <p>6:30 ● Bake with Me, DR</p>	<p>10:15 ● PrimeFit: Sit &amp; Twist, LR</p> <p>11:00 ● Brain HQ, LR</p> <p>11:30 ● Corn on the Cob Treats, AR</p> <p>2:00 ● Rosetta Stone with Chris, AR</p> <p>3:00 ● Garden Club, CY</p> <p>3:00 ● Pom Pom Bears, AR</p> <p>6:30 ● In the Moment, AR</p>
<p>10:00 ● Televised Mass, LR</p> <p>10:45 ● PrimeFit Posture Perfect, LR</p> <p>11:15 ● Trivia on the Patio, CY</p> <p>1:30 ● Sort &amp; Separate, AR</p> <p>2:00 ● Color My World, AR</p> <p>3:00 ● Guess Whats in the Bag, LR</p> <p>3:30 ● Midsummer Walkers</p> <p>4:30 ● Manicures &amp; Music, LR</p> <p>6:30 ● Let's Explore the World, LR</p>	<p>10:15 ● PrimeFit Easy Aerobics, LR</p> <p>10:45 ● Shake Loose a Memory</p> <p>11:30 ● Trivia &amp; Music on the Patio, AR</p> <p>1:30 ● Household Tasks, AR</p> <p>2:00 ● Travel the World</p> <p>3:00 ● Dean Martin Show, LR</p> <p>3:30 ● Aromatherapy, AR</p> <p>4:30 ● Magazine Scavenger Hunt, AR</p> <p>6:30 ● Singalong, LR</p>	<p>10:15 ● <b>Forever Fit with Chris, AL</b></p> <p>10:45 ● Shake Loose a Memory</p> <p>10:45 ● Healthy Smoothies &amp; Dear Abbey, AL</p> <p>1:30 ● Sort &amp; Separate, AR</p> <p>2:00 ● Finishing Lines &amp; Lyrics, CY</p> <p>3:30 ● One on One Visits</p> <p>6:30 ● Tuesday Nite Bingo, AR</p>	<p><b>PATRIOT DAY</b></p> <p>10:15 ● PrimeFit Easy Weights, LR</p> <p>11:00 ● Long Word Short Word</p> <p>1:30 ● Household Tasks, AR</p> <p>2:00 ● Rolling Pin Club, DR</p> <p>3:00 ● Tea, Talk &amp; Trivia, AR</p> <p>3:30 ● Aromatherapy, AR</p> <p>4:30 ● Sun Strutters</p> <p>6:30 ● Hand Massages &amp; Music, LR</p>	<p>11:00 ● Singalong with Chris, AL</p> <p>1:30 ● Sort &amp; Separate, AR</p> <p>2:00 ● Pencil Art, AR</p> <p>3:00 ● Feel &amp; Find, AR</p> <p>3:30 ● One on One Visits</p> <p>4:30 ● Magazine Scavenger Hunt, AR</p> <p>6:30 ● Movie Night &amp; Popcorn, LR</p>	<p>10:45 ● PrimeFit Posture Perfect, LR</p> <p>11:00 ● Rosary/Prayer Communion, LR</p> <p>1:30 ● Household Tasks, AR</p> <p>2:00 ● Bingo, AR</p> <p>3:30 ● Aromatherapy, AR</p> <p>4:30 ● Sun Strutters</p> <p>6:30 ● Bake with Me, DR</p>	<p>10:15 ● PrimeFit: Sit &amp; Twist, LR</p> <p>11:00 ● Brain HQ, LR</p> <p>2:00 ● Rosetta Stone with Chris, AR</p> <p>2:00 ● Outdoor Yoga, CY</p> <p>3:00 ● Garden Club, CY</p> <p>3:30 ● Classic Funny Women in Hollywood, AR</p> <p>4:30 ● Cabaret Songs, LR</p> <p>6:30 ● In the Moment, AR</p>
<p>10:00 ● Televised Mass, LR</p> <p>10:45 ● PrimeFit Posture Perfect, LR</p> <p>11:15 ● Trivia on the Patio, CY</p> <p>1:30 ● Sort &amp; Separate, AR</p> <p>2:00 ● Color My World, AR</p> <p>3:00 ● Guess Whats in the Bag, LR</p> <p>3:30 ● Midsummer Walkers</p> <p>4:30 ● Manicures &amp; Music, LR</p> <p>6:30 ● Let's Explore the World, LR</p>	<p>10:15 ● PrimeFit Easy Aerobics, LR</p> <p>10:45 ● Penny Ante, AR</p> <p>11:30 ● Trivia &amp; Music on the Patio, AR</p> <p>1:30 ● Household Tasks, AR</p> <p>2:00 ● Travel the World</p> <p>3:00 ● Dean Martin Show, LR</p> <p>3:30 ● Aromatherapy, AR</p> <p>4:30 ● Magazine Scavenger Hunt, AR</p> <p>6:30 ● Singalong, LR</p>	<p>10:00 ● <b>Yoga Class, AL</b></p> <p>10:45 ● Healthy Smoothies &amp; Dear Abbey, AL</p> <p>11:30 ● The Kitchen Utensil Game, AR</p> <p>1:30 ● Sort &amp; Separate, AR</p> <p>2:00 ● You Be the Judge!, AR</p> <p>3:30 ● One on One Visits</p> <p>4:30 ● Old Fashioned Games, AR</p> <p>6:30 ● Tuesday Nite Bingo, AR</p>	<p>10:15 ● PrimeFit Easy Weights, LR</p> <p>11:00 ● Long Word Short Word</p> <p>1:30 ● Household Tasks, AR</p> <p>2:00 ● Rolling Pin Club, DR</p> <p>3:00 ● Tea, Talk &amp; Trivia, AR</p> <p>3:30 ● Aromatherapy, AR</p> <p>4:30 ● Sun Strutters</p> <p>6:30 ● Hand Massages &amp; Music, LR</p>	<p>10:15 ● <b>Forever Fit with Chris, AL</b></p> <p>11:00 ● Singalong with Chris, AL</p> <p>1:30 ● Sort &amp; Separate, AR</p> <p>2:00 ● Pencil Art, AR</p> <p>3:00 ● Feel &amp; Find, AR</p> <p>3:00 ● Netball, LR</p> <p>3:30 ● One on One Visits</p> <p>4:30 ● Magazine Scavenger Hunt, AR</p> <p>6:30 ● Movie Night &amp; Popcorn, LR</p>	<p>10:45 ● PrimeFit Posture Perfect, LR</p> <p>11:00 ● Rosary/Prayer Communion, LR</p> <p>11:30 ● Painting Hummingbirds, AR</p> <p>1:30 ● Household Tasks, AR</p> <p>2:00 ● Bingo, AR</p> <p>3:00 ● Apple Garland, AR</p> <p>3:30 ● Aromatherapy, AR</p> <p>4:30 ● Sun Strutters</p> <p>6:30 ● Bake with Me, DR</p>	<p>10:15 ● PrimeFit: Sit &amp; Twist, LR</p> <p>11:00 ● Brain HQ, LR</p> <p>2:00 ● Rosetta Stone with Chris, AR</p> <p>2:00 ● Remember the Storyline?, AR</p> <p>3:00 ● Garden Club, CY</p> <p>3:30 ● Pretzel Necklaces, LR</p> <p>6:30 ● In the Moment, AR</p>
<p>10:00 ● Televised Mass, LR</p> <p>10:45 ● PrimeFit Posture Perfect, LR</p> <p>11:15 ● Trivia on the Patio, CY</p> <p>1:30 ● Sort &amp; Separate, AR</p> <p>2:00 ● Color My World, AR</p> <p>3:00 ● Guess Whats in the Bag, LR</p> <p>3:30 ● Midsummer Walkers</p> <p>4:30 ● Manicures &amp; Music, LR</p> <p>6:30 ● Let's Explore the World, LR</p>	<p><b>AUTUMN BEGINS</b></p> <p>10:15 ● PrimeFit Easy Aerobics, LR</p> <p>10:45 ● Shake Loose a Memory</p> <p>11:30 ● Trivia &amp; Music on the Patio, AR</p> <p>1:30 ● Household Tasks, AR</p> <p>2:00 ● Travel the World</p> <p>3:00 ● Dean Martin Show, LR</p> <p>3:30 ● Aromatherapy, AR</p> <p>4:30 ● Magazine Scavenger Hunt, AR</p> <p>6:30 ● Singalong, LR</p>	<p>10:15 ● <b>Forever Fit with Chris, AL</b></p> <p>10:45 ● Shake Loose a Memory</p> <p>10:45 ● Healthy Smoothies &amp; Dear Abbey, AL</p> <p>11:30 ● Beverly Hills Driving Tour, AR</p> <p>1:30 ● Sort &amp; Separate, AR</p> <p>2:00 ● Finishing Lines &amp; Lyrics, CY</p> <p>3:00 ● Cherry Toss Game, AR</p> <p>3:30 ● One on One Visits</p> <p>4:30 ● Signing with Gene, AR</p> <p>6:30 ● Tuesday Nite Bingo, AR</p>	<p>10:15 ● PrimeFit Easy Weights, LR</p> <p>11:00 ● Long Word Short Word</p> <p>1:30 ● Household Tasks, AR</p> <p>2:00 ● Rolling Pin Club, DR</p> <p>3:00 ● Tea, Talk &amp; Trivia, AR</p> <p>3:30 ● Aromatherapy, AR</p> <p>4:30 ● Sun Strutters</p> <p>6:30 ● Hand Massages &amp; Music, LR</p>	<p>11:00 ● Singalong with Chris, AL</p> <p><b>11:45 ● LUNCH TRIP TO APPLEBEES</b></p> <p>1:30 ● Sort &amp; Separate, AR</p> <p>2:00 ● Pencil Art, AR</p> <p>3:00 ● Feel &amp; Find, AR</p> <p>3:00 ● Baby Names 2019 or 1949?, LR</p> <p>3:30 ● One on One Visits</p> <p>4:30 ● Magazine Scavenger Hunt, AR</p> <p>6:30 ● Movie Night &amp; Popcorn, LR</p>	<p>10:45 ● PrimeFit Posture Perfect, LR</p> <p>11:00 ● Rosary/Prayer Communion, LR</p> <p>11:30 ● Cheerios Bird Feeders, AR</p> <p>1:30 ● Household Tasks, AR</p> <p>2:00 ● Bingo, AR</p> <p>3:00 ● Apples &amp; Dips, LR</p> <p>3:30 ● Aromatherapy, AR</p> <p>4:30 ● Sun Strutters</p> <p>6:30 ● Bake with Me, DR</p>	<p>10:15 ● PrimeFit: Sit &amp; Twist, LR</p> <p>11:00 ● Brain HQ, LR</p> <p>2:00 ● Rosetta Stone with Chris, AR</p> <p>2:30 ● A Taste of Butterscotch, AR</p> <p>3:00 ● Garden Club, CY</p> <p>3:30 ● Scented Pine Cone, AR</p> <p>6:30 ● In the Moment, AR</p>
<p><b>ROSH HASHANAH BEGINS AT SUNSET</b></p> <p>10:00 ● Televised Mass, LR</p> <p>10:45 ● PrimeFit Posture Perfect, LR</p> <p>11:15 ● Trivia on the Patio, CY</p> <p>1:30 ● Sort &amp; Separate, AR</p> <p>2:00 ● Color My World, AR</p> <p>3:00 ● Guess Whats in the Bag, LR</p> <p>3:30 ● Midsummer Walkers</p> <p>4:30 ● Manicures &amp; Music, LR</p> <p>6:30 ● Let's Explore the World, LR</p>	<p>10:15 ● PrimeFit Easy Aerobics, LR</p> <p>11:30 ● Trivia &amp; Music on the Patio, AR</p> <p>1:30 ● Household Tasks, AR</p> <p>2:00 ● Travel the World</p> <p>3:00 ● Dean Martin Show, LR</p> <p>3:30 ● Aromatherapy, AR</p> <p>4:30 ● Magazine Scavenger Hunt, AR</p> <p>6:30 ● Singalong, LR</p>	<p><b>opal key</b></p> <ul style="list-style-type: none"> <li>Physical</li> <li>Social</li> <li>Experiential</li> <li>Emotional &amp; Spiritual</li> <li>Creative &amp; Artistic</li> <li>Therapeutic</li> <li>Sensory</li> </ul>	<p><b>Birthdays</b></p> <p>Victorine Mballa-Ngono, 4th (Employee)</p> <p>LaDawna Douangsovath, 9th (Employee)</p> <p>Weslande Brignol Morose, 20th (Employee)</p> <p>Steven Verrdelli, 22nd (Employee)</p> <p>Brian Roche, 27th (Employee)</p>	<p><b>Locations</b></p> <p>Activity Room, AR</p> <p>Assisted Living, AL</p> <p>Court Yard, CY</p> <p>Dining Room, DR</p> <p>Living Room, LR</p>	<p><b>Service Anniversaries</b></p> <p>Victorine Mballa Ngono, 9/4/2013</p> <p>Cherilyn Dowd, 9/7/2018</p> <p>Ivana Luc, 9/8/2015</p> <p>Gloria Simon, 9/10/2013</p>	<p><b>Transportation</b></p> <p>Thursday, 2 p.m.: Opal Outing</p>

