

livfun

Van Mall

APRIL 2019 • SONGS OF SPRING

Religious Activities at Van Mall

Van Mall offers a variety of religious activities to help residents with their spiritual life. Please see the list below.

Every morning at 8:30 a.m., the Movie Parlor is reserved for residents to partake in Self-Guided Meditation.

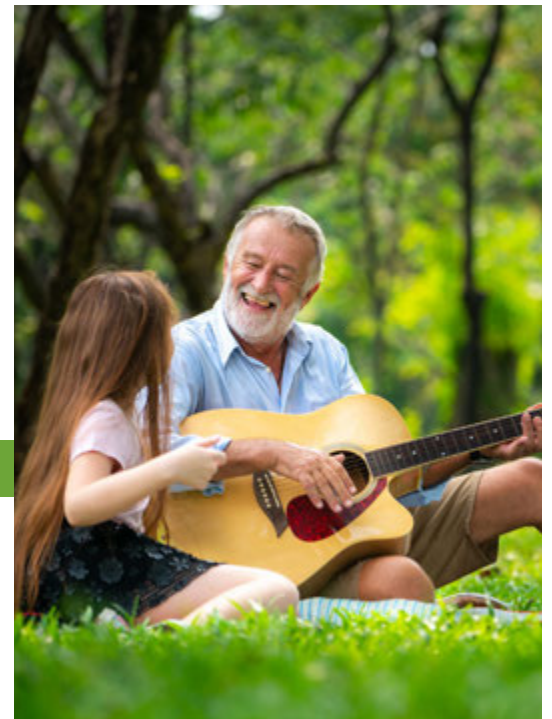
Van Mall provides a non-denominational church service on Sundays, at 9 a.m., in our PrimeFit Gym.

The first Sunday of each month a resident-led Gospel Singalong takes place in the Front Lobby, at 7 p.m.

On Mondays in the Third Floor Movie Parlor, there is a Catholic Communion Service.

On Mondays at 2:30 p.m. in the Multipurpose Room, Van Mall residents lead a Bible Study and/or a Group Bible Discussion. These are non-denominational and give residents an opportunity to fellowship and study the Bible together with the help of our own Barbara Ashmore, who helps by leading these groups.

If you are interested in starting a religious activity or event or would like more information about any of the current programs that are being offered, please let Destiny in Guest Service know.



Viva Las Vegas

Van Mall will be celebrating a fun trip to Vegas all month long.

Enjoy a Viva Las Vegas Lounge show featuring Van Mall's very own Destiny! Las Vegas themed movies all month long and ending the month with a Casino Party which will include casino table games.

Leisure Care is offering a trip to Las Vegas on Sept. 30 to Oct. 4. This trip includes a stay at the New York-New York Hotel and Casino which features a 150-foot replica of the Statue of Liberty, live entertainment, and 11 restaurants on-site. New York-New York boasts spacious, modern rooms equipped with a flat-screen cable TV, in-room safe and granite bathrooms. Room service is always available. A variety of international cuisine is served at New York-New York's 11 on-site restaurants. Guests can choose between burgers, pizza, sushi, street food, and American or Italian cuisine. In addition to a wonderful hotel, this trip also includes transportation to and from the airport, two shows, and one dinner show. These shows include: "O" by Cirque du Soleil, Tournament of Kings and Vegas! The Show. Contact our Concierge, Abby, for the rates including airfare for this trip.

February Fun

Van Mall had a fabulous February. Please enjoy these photos.

(Photos continue on back.)



WEEKLY SCHEDULE

EVERY SUNDAY	EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY	EVERY SATURDAY
8:30 Self-Guided Meditation, MP 9:00 Van Mall Church, PFG 10:00 Puzzle Time, PT	8:30 Self-Guided Meditation, MP 9:15 <i>Group Exercise: Have a Ball, PFG</i> 10:00 Catholic Communion, MP	8:30 Self-Guided Meditation, MP 9:15 <i>Group Exercise, PFG</i> 10:15 Tai Chi for Better Balance, PFG 3:00 <i>Group Exercise, PFG</i>	8:30 Self-Guided Meditation, MP 9:15 <i>Group Exercise: Balance & Core, PFG</i> 1:00 Chess Game, AL 2:00 Tai Chi for Better Balance, PFG	8:30 Self-Guided Meditation, MP 9:15 <i>Group Exercise: Hand Weights, PFG *</i> 10:15 Tai Chi for Better Balance, PFG 3:00 <i>Group Exercise, PFG *</i> PF	8:30 Self-Guided Meditation, MP 9:15 <i>Group Exercise, PFG</i> 10:30 Learn Spanish with Rosetta Stone, AR	8:30 Self-Guided Meditation, MP 9:30 Scenic Drive, Sign Up 10:00 Puzzle Time, PT 3:00 Wii Bowling, AL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Shred Day, MA 7 10:15 Coffee Social Hour, LB 11:10 Mariners on TV, LB 1:00 Bunco, AR 1:15 Afternoon Movie: "The Las Vegas Story," MP 2:00 Tunes at Two: Moonlight Memories, LB 6:30 Late Night Movie: "Last Vegas," AL 7:00 Gospel Singalong, LB	1 1:00 Reading Hour with Gina, LB 1:15 Las Vegas Movie: "What Happens in Vegas," MP 2:00 Wii Bowling, AL 2:30 Bible Study, MPR 3:00 Coloring Club, LB 3:00 Music Appreciation with Terry, AL 6:00 Bingo, AR 7:10 Mariners on TV, LB	2 1:30 Beanbag Baseball Practice, AR 2:00 Wii Bowling, AL 3:00 Garden Club Meeting, AR 3:00 Crochet & Knitting Club, AL 6:00 Nickel-Dime Poker, AL 6:00 Rummikub, AR 7:10 Mariners on TV, LB	3 10:30 Travel by Leisure Care: Walking Club & Lunch Bunch, Sign Up 1:30 Beanbag Baseball Practice, AR 2:00 Bridge, AR 2:30 Karla's Popcorn Social, LB 3:00 Cribbage, AR 6:00 Bingo, AR	4 10:30 Brain HQ Class, AR 11:00 Garments on the Go, AR 12:30 Mountain Man Snacks, LB 3:00 Men's Social Hour with Steven, LB 6:00 Nickel-Dime Poker, AL 6:30 Rummikub, AR	5 10:00 Residents' Garage Sale, AR 1:30 Beanbag Baseball Games, AR 2:00 Wii Bowling, AL 2:30 Scrabble Club, AR 3:00 Happy Hour Hosted by Health & Wellness, LB 6:00 Nickel-Dime Poker, AL 6:00 Open Games, AR 6:30 Hand & Foot Canasta, AR	6 10:15 Coffee Social Hour, LB 11:10 Mariners on TV, LB 1:00 Uno, AR 2:00 Afternoon Concert, AL 2:00 Travel by Leisure Care: Trader Joe's & Dollar Tree, Sign Up 6:00 Bingo, AR
PALM SUNDAY 14 Shred Day, MA 10:15 Coffee Social Hour, LB 1:00 Bunco, AR 1:10 Mariners on TV, LB 1:15 Movie: "Meet Me in Las Vegas," MP 2:00 Tunes at Two: Kevin McElrath, LB 3:00 Open Games, AR 6:30 Late Night Movie: "Viva Las Vegas," AL	8 1:00 Reading Hour with Gina, AL 1:05 Las Vegas Movie: "Last Vegas," MP 2:00 Balloon Volleyball, AR 2:00 Wii Bowling, AL 2:30 Group Bible Discussion, MPR 3:00 Coloring Club, AR 4:30 Phil Hall's Dining Room Concert, FR 5:15 Mariners on TV, LB 6:00 Bingo, AR	9 1:30 Beanbag Baseball Practice, AR 2:00 Wii Bowling, AL 3:00 Crochet & Knitting Club, AR 5:15 Mariners on TV, LB 6:00 Nickel-Dime Poker, AL 6:30 Rummikub, AR	10 9:00 Travel by Leisure Care: Day Trip to the Wooden Shoe Tulip Fest, Sign Up 1:30 Beanbag Baseball Practice, AR 2:00 Bridge, AR 2:30 Karla's Popcorn Social, LB 3:00 Cribbage, AR 5:15 Mariners on TV, LB 6:00 Bingo, AR	11 10:15 Mariners on TV, LB 10:30 Brain HQ Class, AR 1:00 Mexican Train, AR 2:00 TOWN HALL MEETING, AR 6:00 Nickel-Dime Poker, AL 6:30 Rummikub, AR	12 1:30 Beanbag Baseball Game, AR 2:00 Wii Bowling, AL 2:30 Scrabble Club, AR 2:30 Wine Tasting with Bill, LB 6:00 Nickel-Dime Poker, AL 6:00 Open Games, AR 6:30 Hand & Foot Canasta, AR 7:10 Mariners on TV, LB	13 Las Vegas Oceans Movie Marathon, MP 10:15 Coffee Social Hour, LB 1:00 Uno, AR 1:30 Travel by Leisure Care: Vancouver Symphony Orchestra, Sign Up 3:15 Viva Las Vegas Lounge Show, AR 6:00 Bingo, AR 6:10 Mariners on TV, LB
EASTER SUNDAY 21 Shred Day, MA 10:15 Coffee Social Hour, LB 1:00 Bunco, AR 1:05 Mariners on TV, LB 1:15 Movie: "Hop," MP 2:00 Tunes at Two: New Heights Singers, LB 3:00 Open Games, AR 6:30 Late Night Movie: "Secondhand Lions," AL	EARTH DAY 22 1:00 Reading Hour with Gina, AL 1:05 Las Vegas Movie: "Now You See Me," MP 2:00 Balloon Volleyball, AR 2:00 Wii Bowling, AL 2:30 Group Bible Discussion, MPR 3:00 Coloring Club, AR 6:00 Bingo, AR	23 1:30 Beanbag Baseball Practice, AR 2:00 Wii Bowling, AL 3:00 Jewelry Class, AR 3:00 Crochet & Knitting Club, AR 6:00 Nickel-Dime Poker, AL 6:30 Rummikub, AR 7:10 Mariners on TV, LB	24 8:00 Travel by Leisure Care: Beanbag Baseball Game, Sign Up 12:40 Mariners on TV, LB 1:30 Beanbag Baseball Practice, AR 2:00 Bridge, AR 2:30 Karla's Popcorn Social, LB 3:00 Cribbage, AR 6:00 Bingo, AR	25 1:00 Mexican Train, AR 2:00 Ice Cream Social with Nic, LB 6:00 Nickel-Dime Poker, AL 6:15 Theatrical Performance at Van Mall, AR 6:30 Rummikub, AR 7:10 Mariners on TV, LB	26 GOOD FRIDAY PASSOVER STARTS AT SUNDOWN 10:15 Craft Corner: With Karla, AR 1:30 Beanbag Baseball Games, AR 2:00 Wii Bowling, AL 2:30 Scrabble Club, AR 3:00 Birthday Party, AR 6:00 Nickel-Dime Poker, AL 6:00 Open Games, AR 6:30 Hand & Foot Canasta, AR 7:05 Mariners on TV, LB	27 9:30 World Tai Chi Day, Sign Up 10:15 Coffee Social Hour, LB 1:00 Uno, AR 2:00 Beanbag Baseball: Van Mall vs. Vancouver Point, AR 3:00 Afternoon Concert: Lewis River Dixie, LB 6:00 Bingo, AR 6:10 Mariners on TV, LB
28 Shred Day, MA 10:15 Coffee Social Hour, LB 1:00 Bunco, AR 1:10 Mariners on TV, LB 1:15 Movie: "Miss Congeniality," MP 2:00 Tunes at Two: Doll & Carol, Flute & Piano Duet, LB 3:00 Open Games, AR 6:30 Late Night Movie: "Miss Congeniality 2," AL	29 1:00 Reading Hour with Gina, AL 1:05 Las Vegas Movie: "Casino," MP 1:30 Travel by Leisure Care: Vancouver Mall Library, Sign Up 2:00 Wii Bowling, AL 2:30 Bible Study, MPR 3:00 Coloring Club, AR 6:00 Bingo, AR	30 1:30 Beanbag Baseball Practice, AR 2:00 Wii Bowling, AL 3:00 Viva Las Vegas Casino Party, AR 3:00 Crochet & Knitting Club, AR 6:00 Nickel-Dime Poker, AL 6:30 Rummikub, AR 7:10 Mariners on TV, LB	Birthdays Anne Forman, 1st Bob Clark, 2nd Lorraine Marais, 2nd Shirley Shelton, 8th Joice Coone, 9th Theodora (Teddy) Chapman, 13th Floyd Ray, 17th Adelia (De De) Knauss, 19th Betty Hoffman, 19th Manny Constant, 25th JoAnna Hoops, 28th Marilyn Malmberg, 28th	Locations 1st Floor B-Wing Puzzle Table, PT Activity Lounge (B-Wing), AL Activity Room (B-Wing), AR Community Room, CR Courtyard, CY Fireside Restaurant, FR Front Courtyard, FCY Library (First Floor, A-Wing), LIB Lounge & Bistro (A-Wing), LB Mail Alcove (First Floor, A-Wing), MA Movie Parlor (Third Floor, A-Wing), MP Multipurpose Room (Second Floor, A-Wing), MPR PrimeFit Gym (First Floor, A-Wing), PFG Sign-Up Required At The A-Wing Mail Alcove, Sign Up Spa Room, SR To Be Announced, TBA		

February Fun (Continued)



VAN MALL

LIVING BETTER THAN EVER

7808 NE 51st Street
Vancouver, WA 98662
360.896.9140

Staff

General Manager
Bill Hess

Guest Services Manager
Stephen Pajor

Sales Manager
Lacey Agee

Sales Advisor
Marcia Plunk

Sales and Move-in Coordinator
Lauren Robles

Chef
Jean-Pierre Belmar

Restaurant Manager
Karla Sirena

Health and Wellness Director
Ginny Hardy

Office Manager
Crystal Hennessy

Program Supervisor
Destiny Wigner

PrimeFit Instructor
Jeanette Caples

Concierge
Abby Scurlock

Housekeeping Supervisor
Crystal Denham

Plant Operations Supervisor
Nic Combs

2019 Destinations

Alaska Cruise | July 27–August 3

Las Vegas | September 30–October 4

Bermuda Cruise | October 20–27

For more information,
or to book your getaway, contact:
Carol Dennis at 1-888-468-2010



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